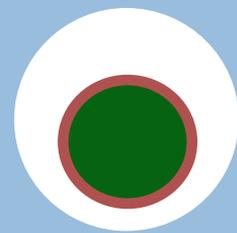


International Master in



Mental Health Policy **and** **Services**

2009 - 2011

Lisbon - Portugal

Coordination

J.M. Caldas de Almeida

Benedetto Saraceno



www.fcm.unl.pt/masterint

The ECTS credits obtained in the International Masters Programme may be credited to the FCM Ph.D. Programme.



WHO

World Health Organization
Department of Mental Health and
Substance Abuse

Faculdade de Ciências Médicas
Departamento de Saúde Mental

Organization

Founded in 1973, the *Universidade Nova de Lisboa* (New University of Lisbon) is the newest State University in Lisbon. It was established as part of the state's policy to expand and modernise higher education in Portugal and for that reason it promotes an interdisciplinary approach to learning. The university facilities are based in four campuses - Campolide, Caparica, Avenida de Berna and Campo de Santana. Currently, it has five Faculties, three Institutes and one School, which together offer a wide variety of courses in all areas of learning. It offers its students 29 primary degree courses, 89 Masters courses (three of which are "Erasmus Mundus" courses) and 7 integrated Masters courses (program including primary and masters courses) as well as Ph.D. programs (3rd cycle) and other Post-Graduate courses. It also contains 39 research centres, financed by the Science and Technology Foundation. It has co-operation agreements with many other national institutes, companies and foreign universities and is actively involved in exchange programs and projects. At the moment there are 541 international students studying in *Universidade Nova de Lisboa*. The total student body is made up of 15,362 students, 11,239 of whom are enrolled in primary degree courses; 2,916 in Masters Programs and 1,207 in Ph.D. Programs.

The *Faculdade de Ciências Médicas* (FCM), NOVA'S medical school, has 7 affiliated hospitals and several community health centers in the area of Lisbon where the clinical teaching is developed. It also has an independent headquarters at Campo de Santana where are located most of the teaching and investigation units responsible for the first three years of the graduation, the postgraduate teaching offices, the library/documentation center, and the administrative offices.

The mission of the FCM is to teach an undergraduate Medicine degree (now at Masters level) and a variety of postgraduate courses, including a newly created 4-year PhD Programme in Biomedicine, Clinical Research and Mental Health. The Faculty hosts two R&D FCT Units (Centre for Chronic Diseases-CEDOC and Centre for Human Molecular Genetics-CGMH) and thus focus its main research efforts in these areas. The Faculty comprises around 100 PhD-level investigators and collaborates widely with other national and international universities and research institutes.

Presentation

The International Master on Mental Health Policy and Services is a *Universidade Nova de Lisboa* initiative, developed through the *Faculdade de Ciências Médicas*, in collaboration with the Department of Mental Health and Substance Abuse of the World Health Organization (WHO).

The goal of the International Master on Mental Health Policy and Services is to strengthen the capacity of countries - particularly, developing countries - to improve mental health of their populations, through the preparation of professionals and researchers to collaborate in the implementation of mental health policy, plans and services, and to develop research in this domain.

WHO collaborates in this Course at different levels. Various members of its Department of Mental Health and Substance Abuse are members of the Faculty, collaborated in the development of the curriculum and are responsible for teaching activities in several modules. Its Director, Dr. Benedetto Saraceno, is one of the Coordinators of the Course. Many of the materials developed by WHO in areas related with mental health policy and services will be used as teaching materials in the Course. Through the regional and national offices, WHO will also have an important role in the dissemination of the course and the identification of candidates.

The FCM is responsible for all other tasks related with the organization of the Course, namely the coordination of the modules, the organization of the residential sessions to be held in Lisbon, the coordination of the e-learning activities, as well as the coordination of all teaching, administrative and financial aspects.

Objectives

The International Masters Course on Policies and Services of Mental Health has the following objectives:

- 1 - Develop the knowledge and the skills that are required to participate in the formulation and implementation of mental health policies, plans and services at the local, national and international levels;
- 2 - Develop capacity to conduct research projects in the area of mental health policy and services;
- 3 - Promote exchange of experiences between mental health professionals from all over the world and strengthen the participation of developing countries in this process;
- 4 - Contribute to the preparation of leaders, researchers and trainers who may have a relevant role in the development of mental health policies and services in their countries at the global level.

Eligibility

The course has been elaborated taking into account the diversity of professional groups required for the development of mental health policy and services, as well as cultural diversity of potential candidates.

Minimum graduate qualification from any recognized university in Medicine, Psychology, Nursing, Social Service or other Social Science or Natural Sciences disciplines is required.

Programme

1st Year

1st Semester | Residential Session | 07 to 18 September 2009

Introduction:

- Mental Health and Public Health
- Introduction to mental health policy and services research

Mental Health of the Populations:

- Psychiatric epidemiology
- Burden of mental disorders
- Determinants of mental health
- Stigma, vulnerability, discrimination and human rights violations
- Mental health problems of vulnerable groups (children, women, elderly people, migrants, victims of disasters, etc.)

Research Methods and Statistics:

- Basic clinical, epidemiological and social research methods
- Quantitative and qualitative methods
- Statistics

Mental Health Interventions, Programmes and Services:

- Organisation of mental health services
- Cost-effectiveness of mental health services, programmes and interventions

Improvement of Mental Health Interventions, Programs and Services:

- Advocacy
- Information systems
- Financing and budgeting
- Human resources
- Quality improvement

1st Year

2nd Semester | Residential Session | 29 March - 09 April 2010

Mental Health Policy and Plans:

- Basic concepts
- Vision and objectives
- Formulation
- Implementation

Mental Health Legislation and Human rights:

- Basic concepts
- Formulation
- Implementation

Mental Health Policy and Services Research:

- Main steps of project development (from preparing the proposal to publishing the results)
- Ethical aspects

Mental Health Policy and Services Research - Review of international studies

Global Mental Health:

- Mental health reform in developing and developed countries
- The role of international cooperation in mental health reform

2nd Year

Dissertation or project work or traineeship

Structure of the Course and teaching methodology

The Master is a two-year course. It includes two parts: the first one, with 60 ECTS (European Credit Transferring System), will award a Diploma from the *Universidade Nova de Lisboa*; the second one, with other 60 ECTS, will award the Master Degree, after approval of a scientific dissertation. The course will start on the 7th September 2009, with a two-week residential session, at the *Faculdade de Ciências Médicas* campus in Lisbon, during which the students will attend lectures, seminars and workshops. A second two-week residential session will take place in Lisbon, from 29 March to April 2010. Between the two residential sessions, the students will participate in e-learning teaching activities (lectures, work exercises, essays) under the orientation of supervisors.

The second year of the Course will be dedicated to the development of a project and the elaboration of the dissertation, under the orientation of a supervisor.

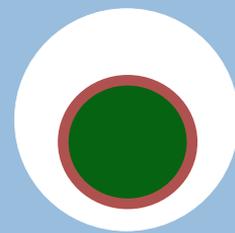
Through this format, students will be able to participate in most of the teaching activities without leaving their country.

Faculty

The Faculty holds a large number of national and international lecturers, and includes the most reputed researchers and experts in the world on the approached subjects: among others, Benedetto Saraceno (WHO), Alberto Minoletti (Chile), Angelo Fioritti (Italy), Anita Patel (Institute of Psychiatry, London), Arthur Kleinman (Harvard University), Francisco Torres Gonzalez (Granada University), Graham Thornicroft (Institute of Psychiatry, London), Jorge Rodriguez (PAHO/WHO), Julian Leff (Institute of Psychiatry, London), Mark Van Ommeren (WHO), Melvyn Freeman (South Africa), Michael King (University College, London), Michelle Funk (WHO), Michelle Tansella (University of Verona), Nathalie Drew (WHO), Pedro G. Delgado (Brazil), Shekhar Saxena (WHO), Soumitra Pathare (ILS, Pune, India), Stan Kutcher (Dalhousie University, Canada), Vikram Patel (London Hygiene and Tropical Medicine School).

At the national level, the faculty includes J.M. Caldas de Almeida, Miguel Xavier, Graça Cardoso, Ricardo Gusmão, M.Gonçalves Pereira, Joaquim Gago, from the *Faculdade de Ciências Médicas* of Lisbon, and António Leuschner, from ICBAS, Porto, among others.

International Master in



Mental Health Policy and Services

General Information

Duration | 4 semesters

ECTS | 120

Residential Sessions | Dates: 07-18 September 2009 and 29 March-09 April 2010

Time | 9:00 am - 6:00 pm

Enrollment deadline | July 31, 2009

Admission procedures | The duly completed admission form may be submitted until July 31, 2009, together with:

- i) Certified copy of graduate/postgraduate degree
- ii) Curriculum vitae
- iii) A written statement of purpose of no more than 250 words
- iv) Letter from sponsoring organization (if applicable)

Selection criteria

- i) Classification in academic degrees, according to the European scale of comparability
- ii) Global assessment of the CV
- iii) An interview of the candidate can be made by the Scientific Board (by phone, if the candidates live abroad)

Vacancies | The Masters Program will run with a minimum of 17 and a maximum of 30 students.

Fellowships | A limited number of fellowships for international students will be available, covering the fees and/or the costs of travel and accommodation in Lisbon.

Fees | 5,000 Euros (3100 Euros until 2/9/2009; 950 Euros until 31/3/2010; and 950 Euros until 31/7/2010)

The fees don't cover the costs of travel and accommodation. Rooms of different types will be available at reduced prices.

Informations and Registration

Gabinete de Estudos Pós-Graduados

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