



Children's Depression Inventory (CDI™)

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The CDI evaluates the presence and severity of specific depressive symptoms in youth so that you can develop a targeted treatment plan. Parent, teacher, and self-report ratings provide a comprehensive picture of each situation. The CDI is commonly used in schools, guidance clinics, and medical pediatric settings by psychologists, psychiatrists, social workers, and counselors.

KEY AREAS MEASURED

- Negative Mood
- Ineffectiveness
- Anhedonia
- Negative Self-Esteem
- Interpersonal Problems

HOW TO USE THE ASSESSMENT

The CDI consists of the original long version (CDI), a short version (CDI:S), a parent version (CDI:P), and a teacher version (CDI:T), for a multiple-informant assessment. All of these components are available as handscored QuikScore™ Forms or in software format.

CDI

The original long version of the CDI provides scores for all of the symptom scales measured by the CDI. It is recommended for initial evaluations.

CDI:Short

The CDI:S contains ten key items from the long version of the CDI. It is ideal for measuring changes in symptom severity and monitoring the progress of treatment. It is also often used as a screening instrument.

CDI:Parent

The CDI:P asks parents to rate their child's behavior at home in family situations. It provides scores for the following two subscales: Emotional Problems and Functional Problems.

CDI:Teacher

The CDI:T asks teachers to rate the child's behavior in academic and social situations at school. It provides scores for the following two subscales: Emotional Problems and Functional Problems.

NORMATIVE DATA

The normative sample for the self-report included 529 boys and 647 girls between the ages of 7 and 16. The sample used to standardize the parent and teacher versions included 1,187 nonclinical parent evaluations, 631 nonclinical teacher evaluations, 167 clinical parent evaluations, and 114 clinical teacher evaluations. The clinical evaluations involved children with various diagnoses. Norms are separated into two age groups: 7 to 12 years and 13 to 17 years.

Note: We are currently updating the normative data for the CDI. To participate in this project, see page 130.

REPORTS

Profile Reports present scores graphically and numerically to summarize the results of each self-report, parent, and teacher administration. A list of responses is also included.

Comparison Reports compare up to four self-report, parent, or teacher administrations for the same individual in order to highlight progress. They are free with the purchase of Profile Reports.

Visit www.mhs.com to view sample reports.

Pricing on next page.

Age

7–17

Number of Items

Self-report:
short, 10
long, 27
Parent: 17
Teacher: 12

Administration Type

Self-report
Parent-completed
Teacher-completed

Administration Time

Self-report:
short, 5 minutes
long, 15 minutes
Parent: 10 minutes
Teacher: 10 minutes

Translations

Spanish
(email translations@mhs.com for more languages)

Qualification Level

b; page 131

Formats

Handscored
Software (administration and scoring; page 3)

Reading Level

3rd grade

Complementary Assessments

MASC; page 18
EQ-i:YV; page 23
JI-R; page 32