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ProMenPol

**Implementing  
Mental Health Promotion:  
Field Trials Type II & III**

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**Promoting and Protecting Mental Health**

Supporting **P**olicy through Integration of Research, Current  
Approaches and Practices

## Presentation overview

- About field trials in ProMenPol
- Aims and definitions of field trials
- Next steps for
  - type II
  - type III
- Field trials reports
- About our Analysis and Reporting

## Field Trials Objectives

- To **support the practices & policies** with
  - mental health promotion (MHP)
  - implementation of **MHP in practice** in three settings
- To **close the gap** between science, practice and policy by
  - using of tools/toolkit from the database
  - recruiting of interested stakeholders
  - discussing with policy makers/advisers
- To **document ongoing good practice**
  - i.e. by the feedback of **field trials** in the 3 settings

## How we want to achieve it

- By **3 different types of field trials**
- Field trials,
  1. in which the utility, functionality and practicability of the online database with MHP tools will be tested (**Type I**)
  2. in which **MHP tools** will be **selected and implemented** in practice (**Type II**)
  3. which take advantage of already **existing MHP initiatives** (**Type III**)

## Field trials: state-of-the-art

- Many organisations have already expressed their interest!
- **By now:**
  - in total: 51 field trials
  - settings: 11 school | 31 workplace | 8 older people
  - field trial types: 32 type I | 12 type II | 11 type III
  - origin: more than 10 different countries

## Next steps for Type II (1)

- Please **express your interest** for one of the field trial
  - we will send out a **manual** and a **documentation** (type II) after the conference
  - including **e-mail contacts** relevant to you
- Decide on **MHP action & search for tools**
  - If you did not find a tool discuss it with your contacts
  - if your tool is not available, you can add it in the database

## Next steps for Type II (2)

- **If you have found a tool:**
  - review whether there are any ethical issues to be addressed
  - using the ethics questionnaire we will develop
- **Send me**
  - the **summary form of your intention &**
  - the **completed ethics questionnaire**
- **You will receive our approval to start with the implementation or not**

## Next steps for Type II (3)

- **Supporting structures** during the implementation:
  - manual,
  - e-forums,
  - ethics vision & questionnaire,
  - ProMenPol ethical advice,
  - your project contact partners,
  - summary form,
  - web site,
  - database/toolkit,
  - each other („the ProMenPol-Network“)

## Next steps for Type II (4)

- **After the implementation:**
  - Please **feedback us your experiences** with the implementation
  - with the **type II documentation**
  - latest **until Sept 2009**

## Next steps for Type III (1)

- If not done already, please let us know and express your interest
  - we will send out a **manual** and
  - a **documentation** (type III) after the conference
  - including **e-mail contacts** relevant to you
- If your tool is not online,
  - please **add the new tool**

## Next steps for Type III (2)

- Please report on
  - any **ethical issues** addressed and
  - using the **ethics questionnaire**
  
- **Send Gert** the completed
  - **ethics questionnaire** and
  - the **type III documentation**
  - latest **until Sept 2009**

## Documentation of your experiences

- We developed a **pilot format** (=questionnaire)
  - which documents core MHP aspects and
  - by relevant implementation steps
  - in a mostly standardised way
  - and easy to administrate
  - **Note:** very similar format for type II & III !

## Content of the questionnaire

- The **'field trial report'** includes five sections:
  - A. Administrative information
  - B. Planning information
  - C. Implementation process
  - D. Outcomes and results achieved
  - E. Lessons learned and your recommendations for practice and policy

## A. Administrative Information

- **Administrative information** consists of
  - **name and setting** of the adopted MHP tool
  - **start and finish dates** of the field trial
  - some information about
    - (a) the **person** who responds
    - (b) the **implementing organisation**

## B. Structure & Background

- Covers aspects of the **planning of the implementation** of the MHP tools, such as
  - former **experiences** with MHP
  - your **objectives** and expected **benefits**
  - **mental health issues** of your target population
  - **use of supporting material**
  - **main aims** of the MHP tool
  - characteristics of your **target group**  
i.e. size, gender, age, education, diagnoses

## C. Implementation process

- Questions about the **implementation** of the **mental health promotion tool** itself:
  - **overall implementation rating**
  - **enhancements & barriers** during implementation
  - necessary **changes and adaptations**
  - **ethical issues** that arose and how you reacted
  - **lessons learned from implementation** for policy and administration

## D. Outcomes and results achieved

- **Outcomes and results** related to the implementation of your MHP tool, e.g.
  - **achievement** of your objectives and expected benefits
  - **accuracy** of the aims of the MHP tool
  - **type of evaluation** and **evaluation design** adopted
  - the **process and outcome experience**
  - **strengths and weaknesses** of the MHP tool
  - your **implementation recommendations** for other users of the tool

## E. Lessons learned and Recommendations

- **... for practice and policy, e.g.**
  - most important **lessons learned** which are of use **for policy makers**
  - **opportunities and threats** in the future of mental health promotion and protection
  - **ways to support** policy makers and to change and improve policy in future

## Analysis

- We will **collect & analyse** all field trial reports
  - type II and III separately
- ProMenPol will **provide an analysis**
  - by using your information anonymously
  - as an overall experience feedback for you
  - as a basis for practice and policy recommendations
  - which integrates research, current approaches and practices

## Reporting and Improving

- **Your reports will improve the toolkit**
  - possibility to attach your report to the MHP tool you adopted
- The **results** allow us to **support**
  - practice and policy
  - through MHP recommendations
  - on the European, national and local level
  - in a sustainable way

## Good luck for your implementation

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