
ProMenPol

**Implementing
Mental Health Promotion:
Field Trials Type II & III**

Gert Lang

Research Institute of the Red Cross

Promoting and Protecting Mental Health

Supporting **P**olicy through Integration of Research, Current
Approaches and Practices

Presentation overview

- About field trials in ProMenPol
- Aims and definitions of field trials
- Next steps for
 - type II
 - type III
- Field trials reports
- About our Analysis and Reporting

Field Trials Objectives

- To **support the practices & policies** with
 - mental health promotion (MHP)
 - implementation of **MHP in practice** in three settings
- To **close the gap** between science, practice and policy by
 - using of tools/toolkit from the database
 - recruiting of interested stakeholders
 - discussing with policy makers/advisers
- To **document ongoing good practice**
 - i.e. by the feedback of **field trials** in the 3 settings

How we want to achieve it

- By **3 different types of field trials**
- Field trials,
 1. in which the utility, functionality and practicability of the online database with MHP tools will be tested (**Type I**)
 2. in which **MHP tools** will be **selected and implemented** in practice (**Type II**)
 3. which take advantage of already **existing MHP initiatives** (**Type III**)

Field trials: state-of-the-art

- Many organisations have already expressed their interest!
- **By now:**
 - in total: 51 field trials
 - settings: 11 school | 31 workplace | 8 older people
 - field trial types: 32 type I | 12 type II | 11 type III
 - origin: more than 10 different countries

Next steps for Type II (1)

- Please **express yor interest** for one of the field trial
 - we will send out a **manual** and a **documentation** (type II) after the conference
 - including **e-mail contacts** relevant to you
- Decide on **MHP action & search for tools**
 - If you did not find a tool discuss it with your contacts
 - if your tool is not available, you can add it in the database

Next steps for Type II (2)

- **If you have found a tool:**
 - review whether there are any ethical issues to be addressed
 - using the ethics questionnaire we will develop
- Send me
 - the **summary form of your intention &**
 - the **completed ethics questionnaire**
- **You will receive our approval to start with the implementation or not**

Next steps for Type II (3)

- **Supporting structures** during the implementation:
 - manual,
 - e-forums,
 - ethics vision & questionnaire,
 - ProMenPol ethical advice,
 - your project contact partners,
 - summary form,
 - web site,
 - database/toolkit,
 - each other („the ProMenPol-Network“)

Next steps for Type II (4)

- **After the implementation:**
 - Please **feedback us your experiences** with the implementation
 - with the **type II documentation**
 - latest **until Sept 2009**

Next steps for Type III (1)

- If not done already, please let us know and express your interest
 - we will send out a **manual** and
 - a **documentation** (type III) after the conference
 - including **e-mail contacts** relevant to you
- If your tool is not online,
 - please **add the new tool**

Next steps for Type III (2)

- Please report on
 - any **ethical issues** addressed and
 - using the **ethics questionnaire**
- **Send Gert** the completed
 - **ethics questionnaire** and
 - the **type III documentation**
 - latest **until Sept 2009**

Documentation of your experiences

- We developed a **pilot format** (=questionnaire)
 - which documents core MHP aspects and
 - by relevant implementation steps
 - in a mostly standardised way
 - and easy to administrate
 - **Note:** very similar format for type II & III !

Content of the questionnaire

- The **'field trial report'** includes five sections:
 - A. Administrative information
 - B. Planning information
 - C. Implementation process
 - D. Outcomes and results achieved
 - E. Lessons learned and your recommendations for practice and policy

A. Administrative Information

- **Administrative information** consists of
 - **name and setting** of the adopted MHP tool
 - **start and finish dates** of the field trial
 - some information about
 - (a) the **person** who responds
 - (b) the **implementing organisation**

B. Structure & Background

- Covers aspects of the **planning of the implementation** of the MHP tools, such as
 - former **experiences** with MHP
 - your **objectives** and expected **benefits**
 - **mental health issues** of your target population
 - **use of supporting material**
 - **main aims** of the MHP tool
 - characteristics of your **target group**
i.e. size, gender, age, education, diagnoses

C. Implementation process

- Questions about the **implementation** of the **mental health promotion tool** itself:
 - **overall implementation rating**
 - **enhancements & barriers** during implementation
 - necessary **changes and adaptations**
 - **ethical issues** that arose and how you reacted
 - **lessons learned from implementation** for policy and administration

D. Outcomes and results achieved

- **Outcomes and results** related to the implementation of your MHP tool, e.g.
 - **achievement** of your objectives and expected benefits
 - **accuracy** of the aims of the MHP tool
 - **type of evaluation** and **evaluation design** adopted
 - the **process and outcome experience**
 - **strengths and weaknesses** of the MHP tool
 - your **implementation recommendations** for other users of the tool

E. Lessons learned and Recommendations

- **... for practice and policy, e.g.**
 - most important **lessons learned** which are of use **for policy makers**
 - **opportunities and threats** in the future of mental health promotion and protection
 - **ways to support** policy makers and to change and improve policy in future

Analysis

- We will **collect & analyse** all field trial reports
 - type II and III separately
- ProMenPol will **provide an analysis**
 - by using your information anonymously
 - as an overall experience feedback for you
 - as a basis for practice and policy recommendations
 - which integrates research, current approaches and practices

Reporting and Improving

- **Your reports will improve the toolkit**
 - possibility to attach your report to the MHP tool you adopted
- **The results allow us to support**
 - practice and policy
 - through MHP recommendations
 - on the European, national and local level
 - in a sustainable way

Good luck for your implementation

Contact Details:

- **Gert Lang**

Research Institute of the Red Cross

gert.lang@w.rotekreuz.at

fon: +43-1-79580-3425

fax: +43-1-79580-9730