

PROMENPOL

Presentation of the ProMenPol-toolkit

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Promoting and Protecting Mental Health

Supporting **P**olicy through Integration of Research, Current
Approaches and Practices

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The Challenge

- To create a framework within which all mental health tools and instruments in three contexts can be described and classified
- To apply this framework to the vast number of approaches, methodologies, instruments, tools, modules and supports that are out there
- To file all these in a database so that they can be retrieved by those in the field in a timely manner.

The Goal

- Just in time delivery of information, knowledge and resources to those in the field of mental health policies, programmes and initiatives.
- Getting the information you need when you need it.
- A demand-driven knowledge management system

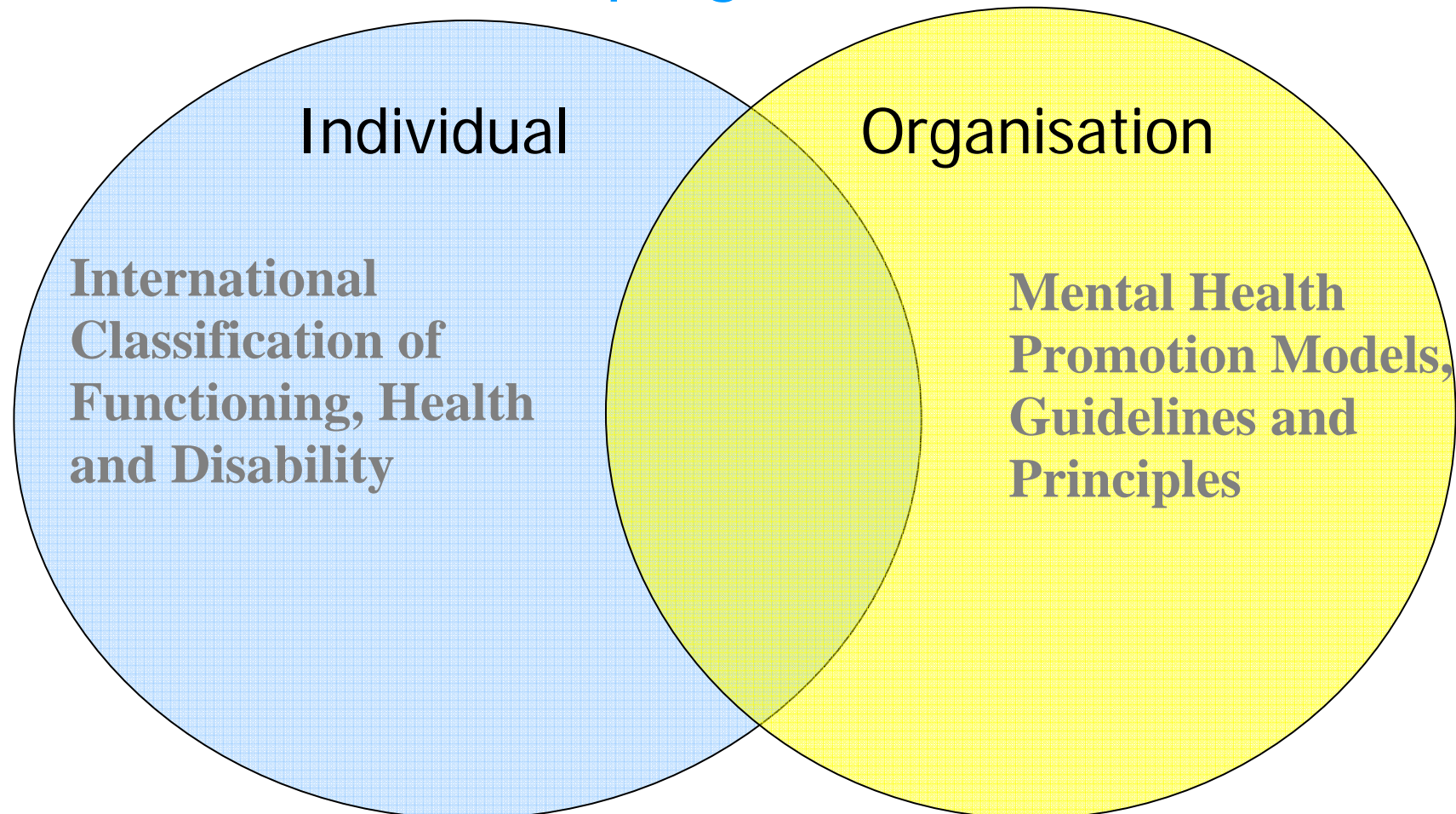
The Building Blocks

- A coherent and systematic framework for the classification of mental health elements
- A user friendly search engine
- A wide range of robust and evaluated resources and tools
- Targeted at the practical needs of professionals/users
- Customised to specific contexts

The process of developing the toolkit

1. Development of a framework
2. Implementation of the framework on the project website as a database
3. Development of a multilingual interface
4. Population of the database with tools
5. Structuring of the toolkit
6. Selection of tools from toolkit for inclusion in the ProMenPol toolkits
7. Field trialling of toolkits
8. Amendments of toolkits in to final format

Developing a Framework



Methodology for framework development

- Core Set Development
 - Initial Excel Questionnaire – All Items
 - Rating Scale 0=No Relevance – 3=Essential
 - All Partners Organisations (more than 1 respondent per partner)
 - Ranking and prioritising
 - Initial Core Set
 - Focus Group
 - Prototype Framework

ICF Derived Framework

- **Functioning**
- **Activities and Participation**
- **Environment**
- **Health Condition (ICD 10)**

MH Promotion Derived Framework

- **Policy & Processes**
 - Policy
 - Enablers
 - Processes/Implementation
 - Performance/Outcomes
- **Context**
 - Infrastructure
 - Social Networks
 - External Environment
- **Programmes**
 - Generic
 - Targeted
 - At risk individuals

Populating the database with tools

Selecting tools for the database

- Inclusion criteria for tools in database
 - Should deal with mental health promotion and protection
 - Should have minimum quality standards, i.e.
 - Be relatively well established
 - Be well documented
 - Be 'effective'
- Exclusion criteria for tools in database
 - Tools should not be concerned with treatment
 - Not concerned with rehabilitation

Features of the database

- Contains tools from 3 settings
 - Schools
 - Workplace
 - Older people's residences
- Contains descriptive information, e.g. name, short summary, authors, source, evaluation information
- Classification information, i.e. IHF and MHP classifications
- 3rd party entry of tools
- Multilingualism

Selecting Tools for the Toolkits

Application in the Field

- Applied Internationally
- Primarily Used in one country
- Limited Application
- Information about application on this issue was not found
- This criterion is not applicable to this type of tool

Stage of Development

- Well Established
- Recently Produced (2-3 years)
- First experiences available/Pilot phase
- Information about application on this issue was not found
- This criterion is not applicable to this type of tool

Evaluation and Research

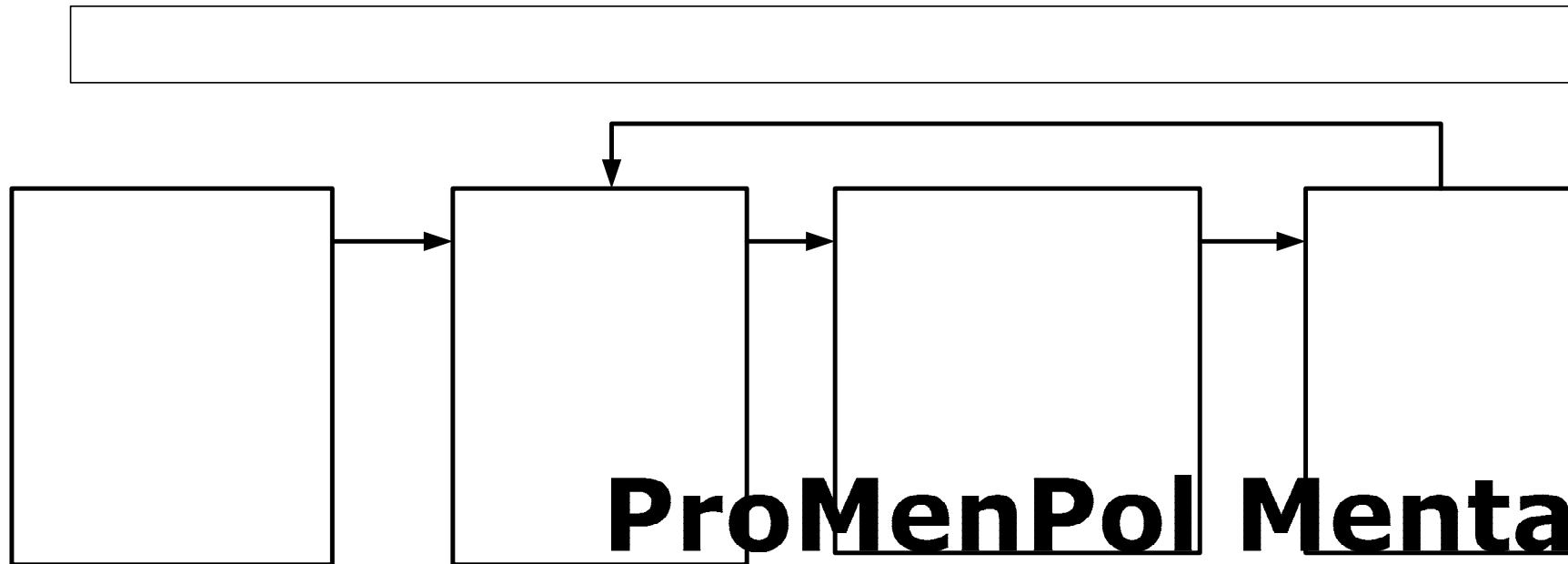
- Research, Evaluation Studies or Technical Data are available
- Referred to in a wide range of reports and papers
- Research evidence is inconsistent
- Information about application on this issue was not found
- This criterion is not applicable to this type of tool

Beneficiary Involvement in Design

- Active participation in the design clearly described
- Some reference to active participation in the design
- No reference to active participation in design
- Information about application on this issue was not found
- This criterion is not applicable to this type of tool

Numbers of tools in the toolkits by language and setting

Structuring the Toolkits



ProMenPol Mental Health

Step 1: Preparation

- This step is about getting ready to embark upon a Mental Health Promotion initiative within an organisation. Thus the kind of tools and materials that are placed in this category are:
 - Reports and generic information about mental health promotion
 - Background information about mental health promotion
 - Information about the target group
 - Other more general policy documents
 - Tools that:
 - Enhance the capacity to build up collaboration
 - Improve communications with the target group?
 - Develop a project team

Step 2: Needs Analysis and Planning

- Analysis of the needs of the organisation and the intended beneficiaries; Identify the priorities for intervention; Develop a plan/strategy to respond to identified needs.
 - Needs analysis/organisation survey type tools
 - Instruments that allow the setting of targets and/or the establishment of baseline information of the activities
 - Identification of at risk individuals
 - Tools to evaluate what functions well in the setting and what could be improved
 - Framework documents that allow a systematic approach to Mental Health Promotions
 - How to Manuals will generally be classified here
 - Tools to assist in project planning

Step 3: Implementation/Interventions

- The first sub-group includes tools that:
 - Provide guidance on how to carry out plans and manage a project. These tools will address such issues as – how is responsibility distributed, who should participate, how are the targets of the actions measured, ways and means of providing feedback,
 - How to Manuals will be relevant to this step as well.
 - Many of these documents will be generic rather than specific to the target group although there will be exceptions

Step 3: Implementation/Interventions

- The second sub-group includes all instruments that are about intervening with people. Thus it includes:
 - Individual Assessment instruments
 - Individual Planning Tools
 - Training and Development Tools
 - Counselling and Support Approaches
 - Programmes of promotion and prevention e.g. suicide prevention

Step 4: Follow Up

- This step is about measuring and evaluating the impact of initiatives which have been carried out and reviewing the implications for future action.
 - Review and monitoring
 - Evaluation
 - Continuous improvement
 - Reporting
 - Policy Development

Next steps

1. Field trialling of toolkits (June 2008-September 2009)
2. Addition of more tools to database and toolkits, including 3rd party uploading of tools to the database (June 2008-September 2009)
3. Amendments of toolkits in to final format (September 2009-December 2009)