

Introduction to ProMenPol

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ProMenPol =

Promoting and Protecting **M**ental Health

Supporting **P**olicy through Integration of

Research, Current Approaches and Practices

Presentation overview

- Background
- Vision
- Mission
- Action plan
- Conference agenda
- Partners

Background

- Burden of mental ill-health to individuals, families, societies & social systems
- Chances of positive mental health promotion
- MH as a key issue in the political arena:
 - WHO ministerial conference 2005
 - European commission green paper 2005
 - Development of an EU communication on a mental health strategy

Challenges

- Effective political action remains rather low
- Rich diversity of responses at societal, organizational and individual level to the topic → stands in the way of effective planning & implementation of activities
- Missing link between practitioners, researchers, stakeholders and policy makers

Vision of ProMenPol

Promotion and protection of mental health and wellbeing by:

- Creating an easy to use knowledge management system
- Strengthening the links between research, policies and practices
- Improving particular environments that shape us throughout the lifespan

Mission: Fields of Actions

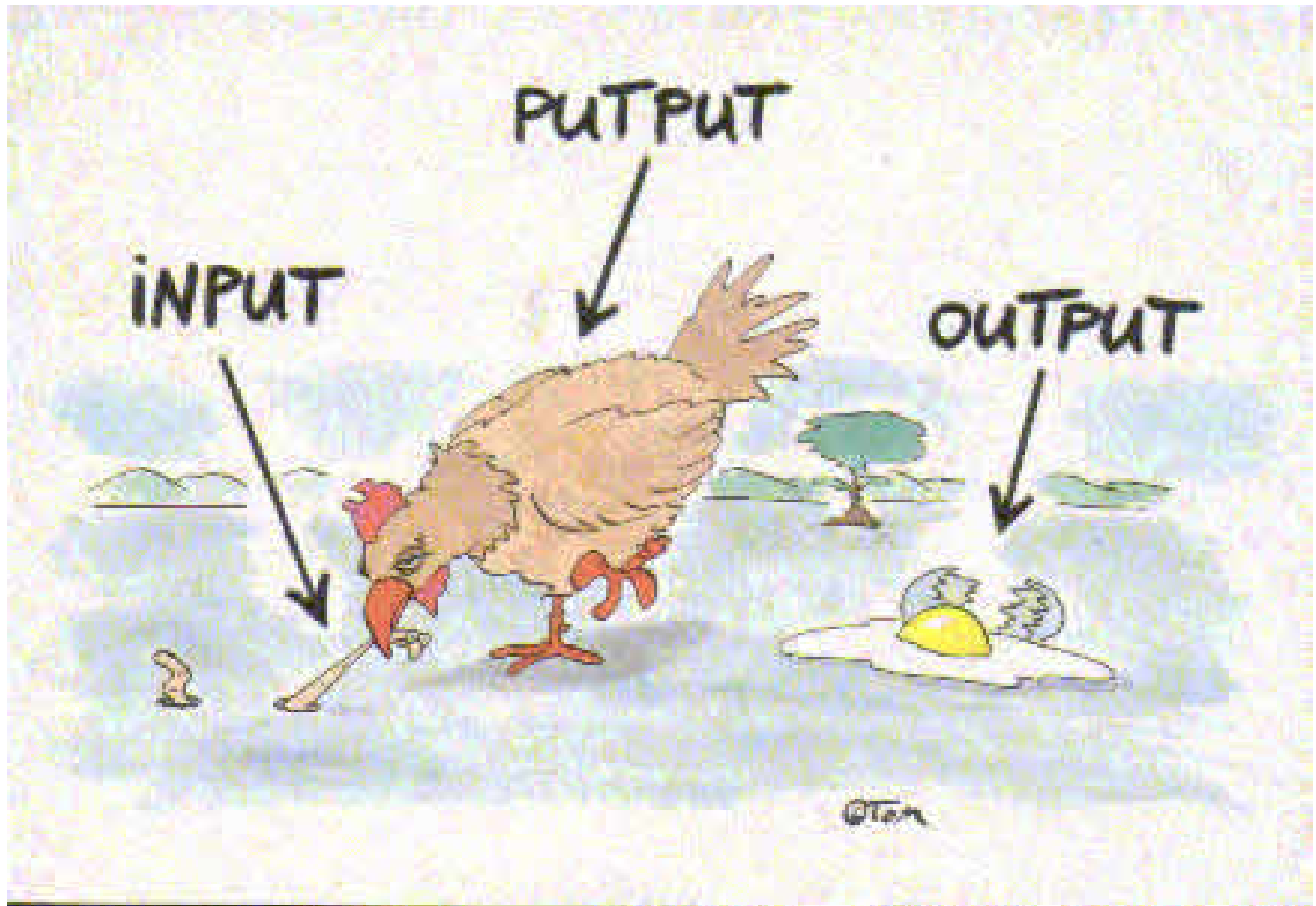
- Identify useful tools (schools, workplace, older people)
- Develop a framework for classification
- Create an online database
- Organize a series of field trials
- Evaluate those to improve database (toolkits for each setting)
- Produce a set of policy principles
- Create sustainable collaboration between key actors

ProMenPol Target Audience

- Practitioners
- Researchers & Scientific Community
- European and National Policy Makers
- NGOs representing mental health, public health, schools and older persons issues and the social partners.
- European Mental Health Networks
- Related Projects

Action plan 2007-2009

- Three annual **conferences** to obtain feedback by potential users with respect to framework & toolkits and to exchange models of best practices
- Three annual **policy workshops** to feedback conference results to policy makers



Berlin 2007: Conference

Agenda

- ➡ Introduction to relevant EU - activities
- ➡ Introduction to the 3 settings of interest
- ➡ Interactive Workshops about:
 - ➡ Online database: Toolkits
 - ➡ Field trials
 - ➡ Conceptual Framework

Project Coordinator & Partners



EESTI - ROOTSI VAIMSE TERVISE JA SUITSIDOLOGIA INSTITUUT (ERSI)
ESTONIAN - SWEDISH MENTAL HEALTH AND SUICIDOLOGY INSTITUTE (ERSI)



knowledge for welfare and health



Universiteit Maastricht

RehabGroup

Investing in People, Changing Perspectives



wrc

WORK RESEARCH CENTRE



WIENER ROTES KREUZ

FORSCHUNGSINSTITUT

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