PROMENPOL

Introduction to the Promenpol toolkit

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The problem – why we need a toolkit:

- There is no shortage of tools to support the implementation of mental health promotion:
- An internet search (even a conservative one) yields between 1,000 and 100,0000 hits on the search terms, e.g.
  - Mental health promotion and work, tool, illness – 19300 hits

The problem – why we need a toolkit:

- Examining these tools reveals a number of problems:
  - Loose definition of mental health promotion
  - Definitions of tools
  - Confusion between mental health and wellbeing and mental illness
  - Difficulties in assessing and selecting tools
  - Lack of evaluation information
  - Language problems

The problem – why we need a toolkit:

- Problems (continued)
  - Assessing the ‘weight’ of tools
  - No centralised source of tools
  - No common framework for assessment/description
  - And more ….
- These point to the need for a systematic approach to describing and assessing tools

The aim of the toolkit

- To support practitioners in identifying and selecting mental health promotion tools To develop a systematic method of classifying mental health promotion tools
- To develop a mechanism for selecting good quality tools that work
- To act as a resource for interested parties

Definition of a tool

- A tool is any instrument or methodology that can be used to support mental health promotion.
- Examples include:
  - Assessment instruments
  - Guidelines
  - A website
  - A publication
  - A Methodology
  - Advertising/awareness material
  - Programme design tools
  - Operational tools
- A broad, inclusive definition has been used

Developing the toolkit

- Two stages of development – the database and the toolkits
  - The database of tools will contain an extensive but not exhaustive set of tools for the three settings
  - Available in October/November 2007
- The ProMenPol toolkits (one for each setting) will be developed before the end of the project
  - Will contain a subset of tools from the database that:
  - Have been field trialled within ProMenPol
  - Have been evaluated by Promenpol team or elsewhere
  - Have been demonstrated to be effective

Information recorded in the database

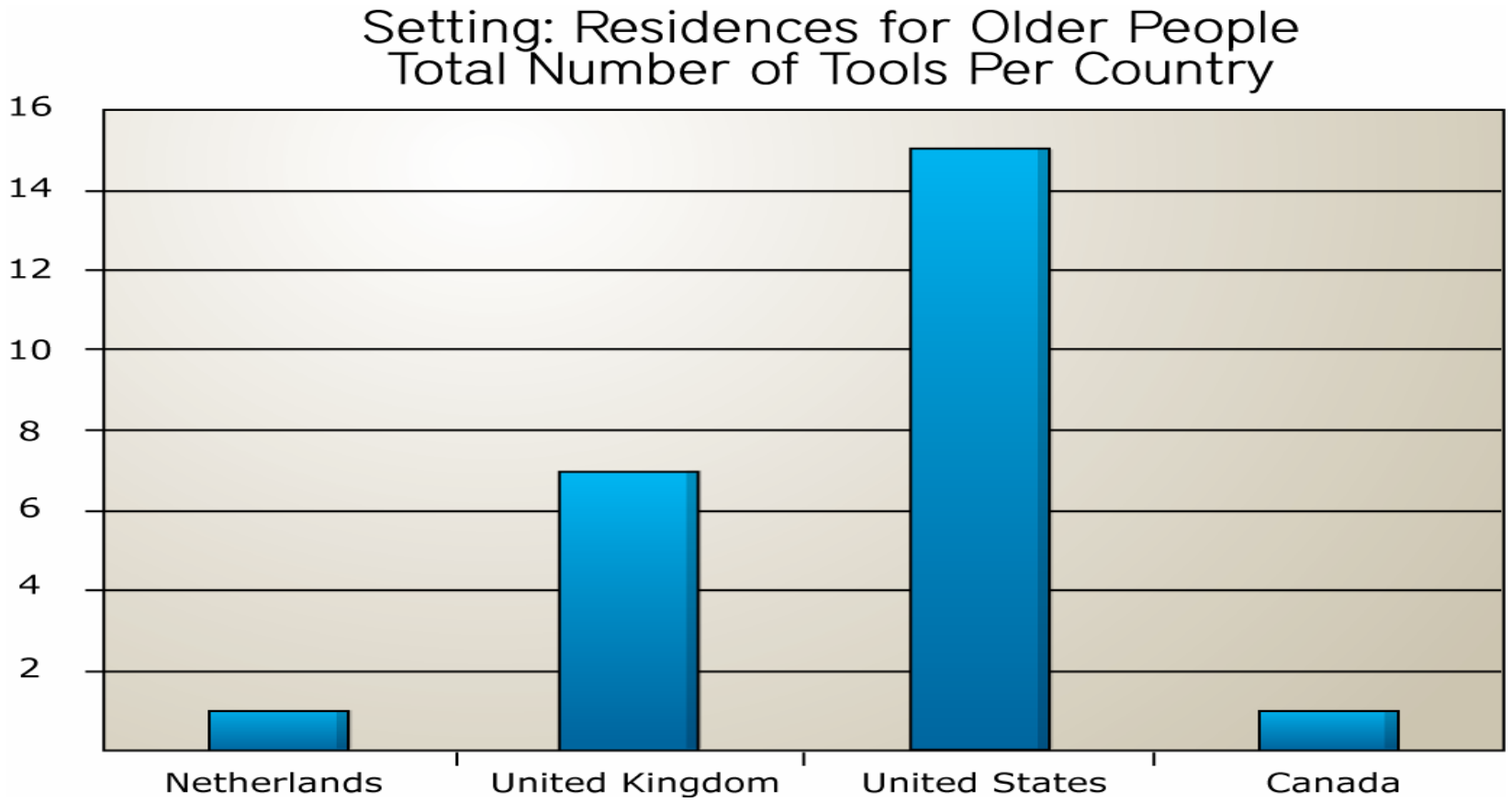
- Descriptive information:
- Tool No:
- Title
- Website
- ProMenPol Setting
- Country of Origin
- Languages
- Tool Description: (max 100 words)
- Evaluation
- Evaluation Description (max 100 words)
- Available Formats
- Free
- Restricted Use
- Tool Focus
- Tool Type
- Publication Information
- Contact Name
- Organisation Name
- Email/Tel
- Address
- Country

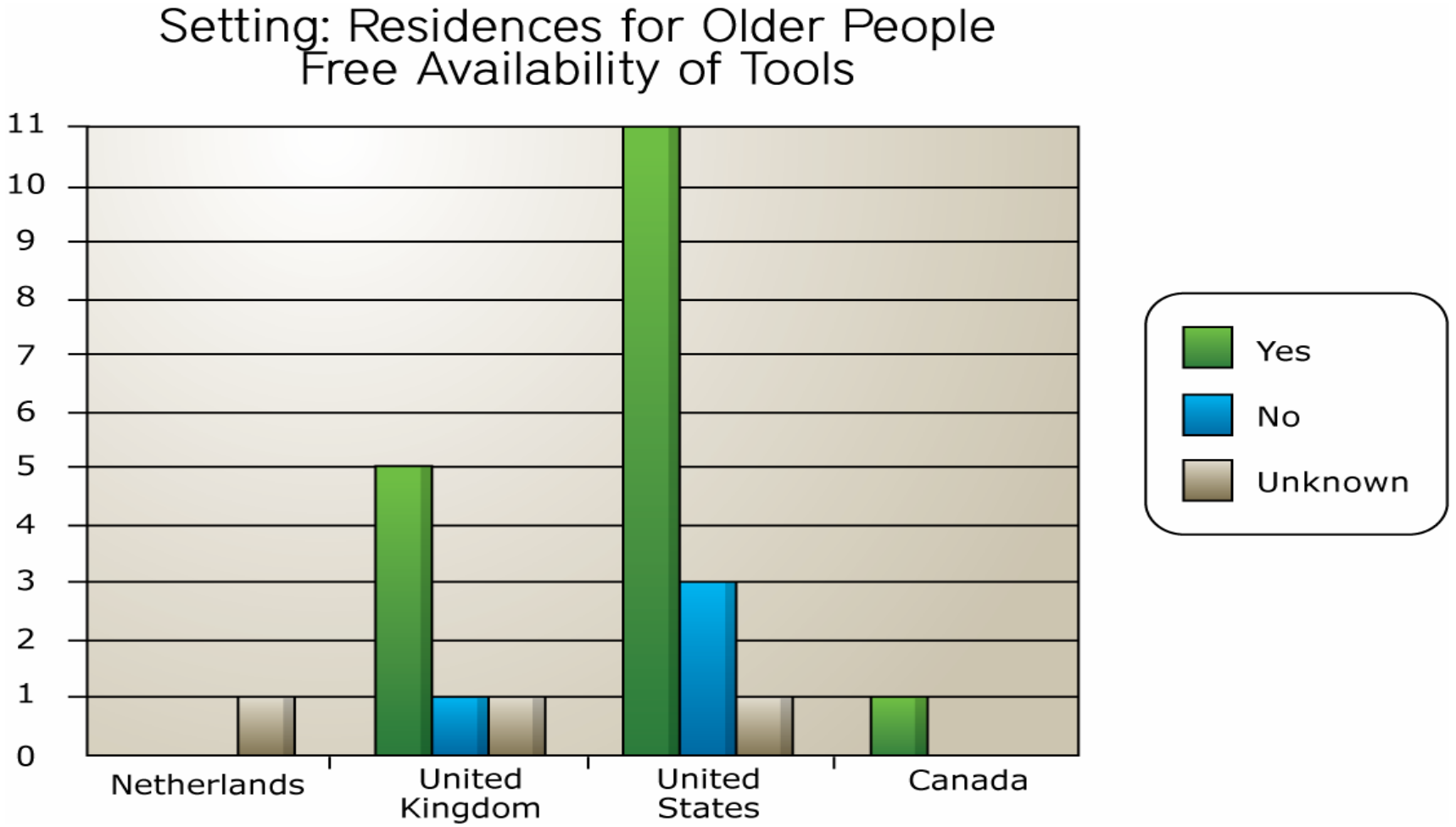
Information recorded in the database

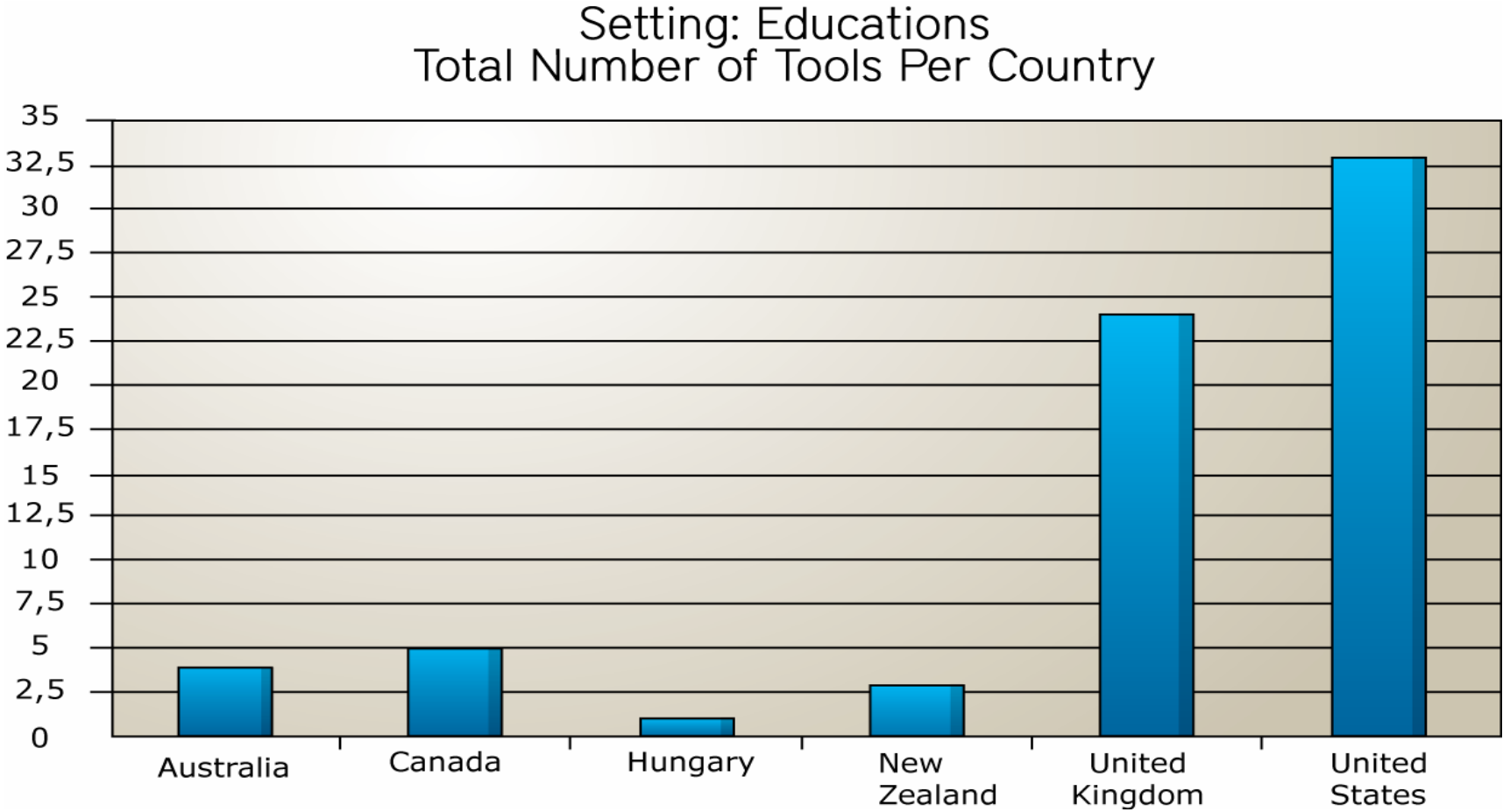
- Classification information
  - International Classification of Functioning - Education setting
  - Mental Health Promotion – Education setting
  - International Classification of Functioning - Workplace setting
  - Mental Health Promotion – Workplace setting
  - International Classification of Functioning - Older People's Residences setting
  - Mental Health Promotion – Older People's Residences setting

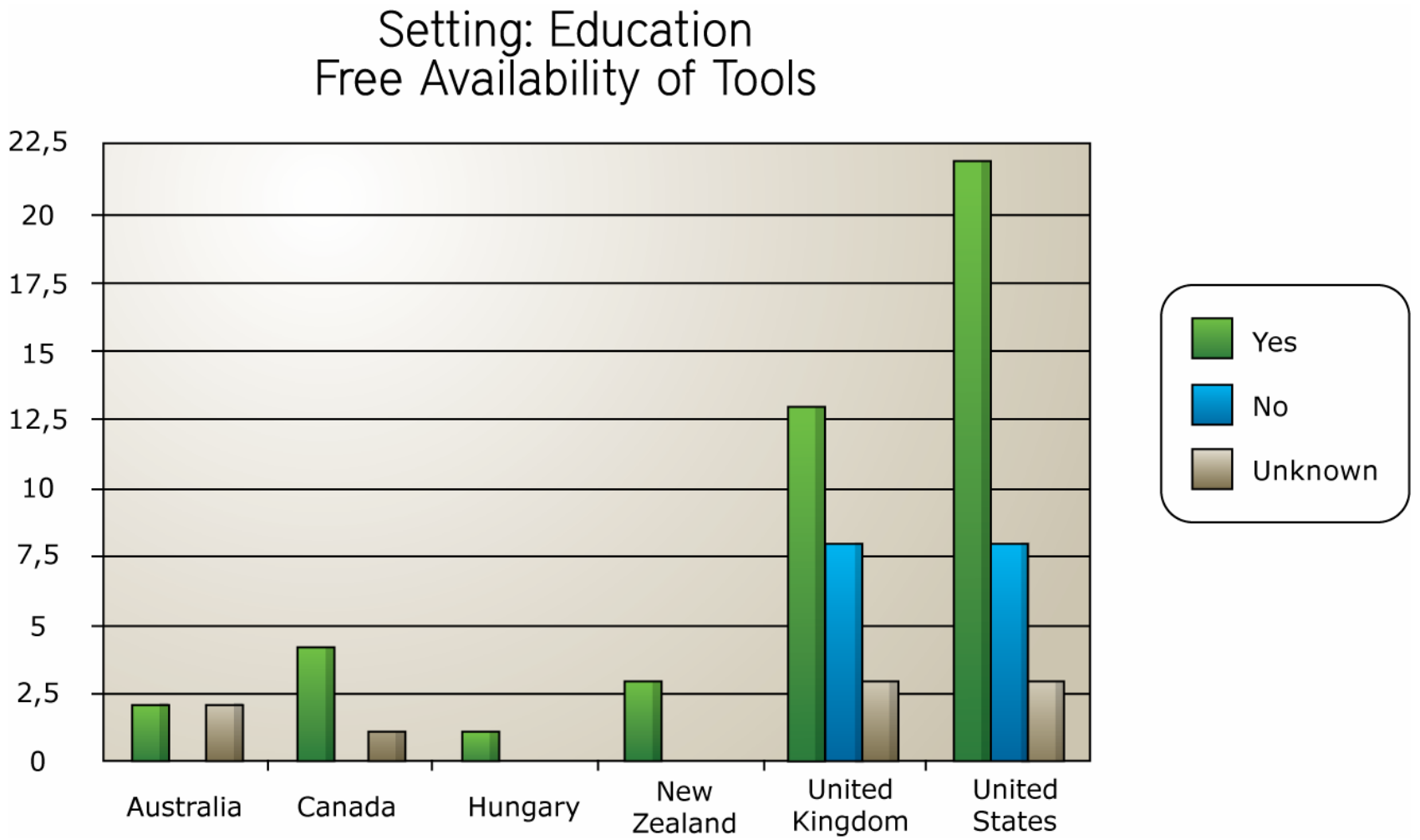
The current database

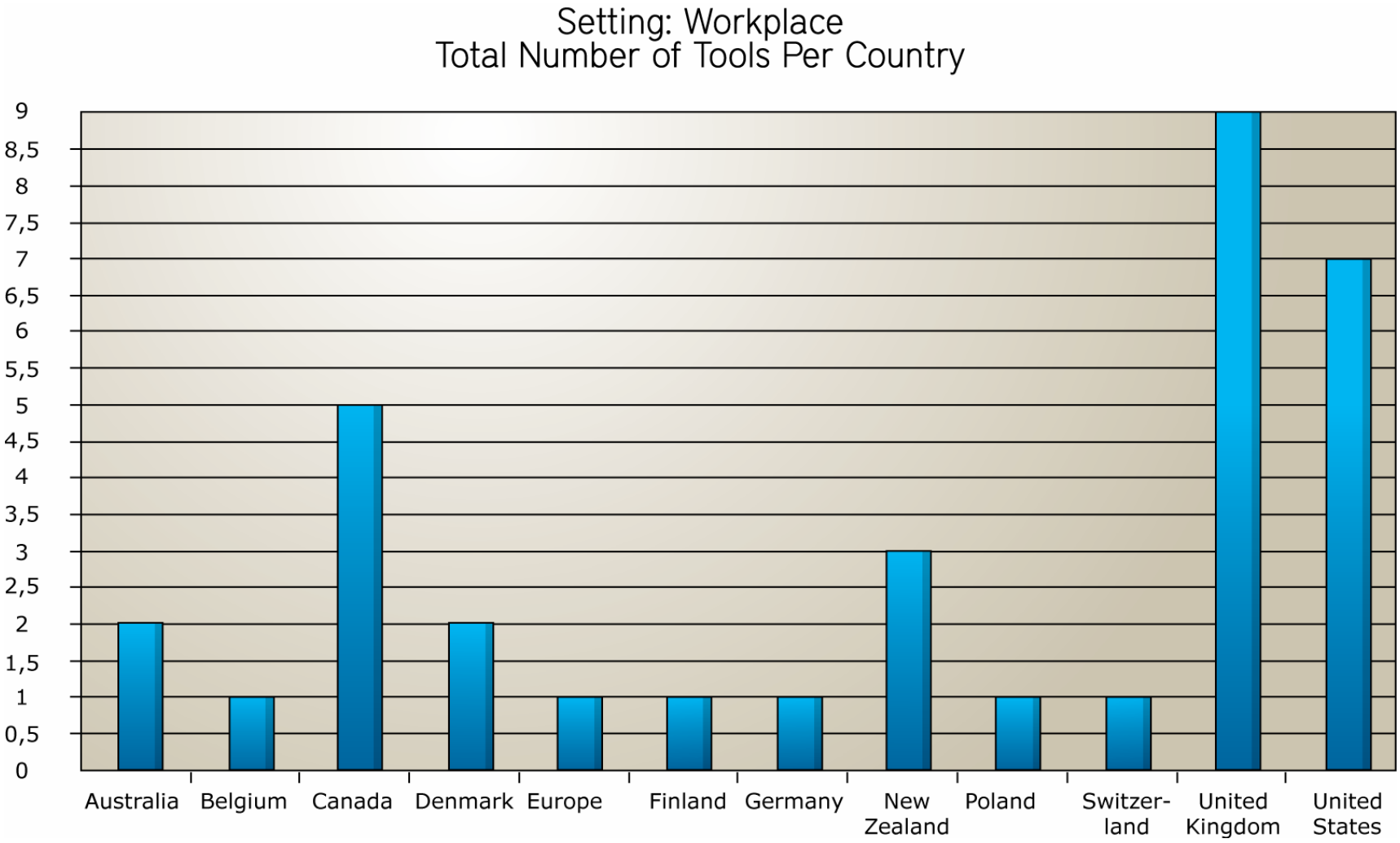
- Currently there are 132 tools in the database:
  - Schools – 73
  - Workplace – 35
  - Older People's Residences – 24

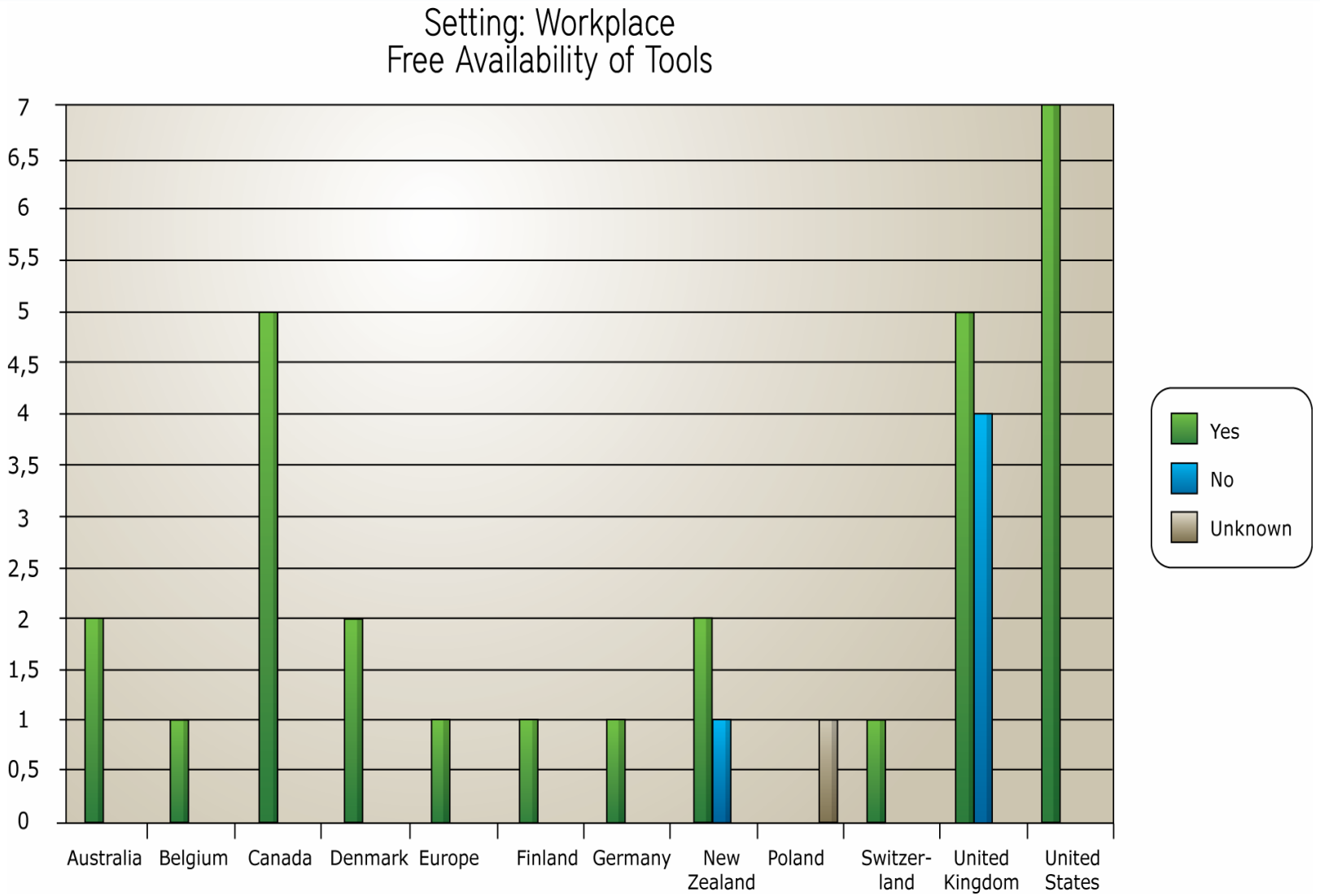

Setting: Residences for Older People
Total Number of Tools Per Country
16
14
12
10
8
6
4
2
Netherlands
United Kingdom
United States
Canada


Setting: Residences for Older People
Free Availability of Tools
11
10
9
8
7
6
5
4
3
2
1
0
Netherlands
United Kingdom
United States
Canada
Yes
No
Unknown


Setting: Educations
Total Number of Tools Per Country
35
32,5
30
27,5
25
22,5
20
17,5
15
12,5
10
7,5
5
2,5
0
Australia
Canada
Hungary
New Zealand
United Kingdom
United States


Setting: Education
Free Availability of Tools
22,5
20
17,5
15
12,5
10
7,5
5
2,5
0
Australia
Canada
Hungary
New Zealand
United Kingdom
United States
Yes
No
Unknown


Setting: Workplace
Total Number of Tools Per Country
9
8,5
8
7,5
7
6,5
6
5,5
5
4,5
4
3,5
3
2,5
2
1,5
1
0,5
0
Australia
Belgium
Canada
Denmark
Europe
Finland
Germany
New Zealand
Poland
Switzer-land
United Kingdom
United States


Setting: Workplace
Free Availability of Tools
7
6,5
6
5,5
5
4,5
4
3,5
3
2,5
2
1,5
1
0,5
0
Australia
Belgium
Canada
Denmark
Europe
Finland
Germany
New Zealand
Poland
Switzer-land
United Kingdom
United States
Yes
No
Unknown

A scenario of usage

- You are a health promotion agent (professional or non-health professional) in a school and you wish to develop a mental health promotion policy. What tools can you find that might be useful?
- You believe that the following elements to your programme might be needed:
  - A stress management programme
  - A new health and safety policy
  - A health promotion policy

- You search the database .....

ProMenPol database

http://www.eworx.gr/DEMOS/promenpol/coding_pages/tool_list.html