

Feedback of 1st ProMenPol Conference

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ba u a :
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Presentation Overview

- Conference objectives
- Participants
- Feedback from workshops
- Synthesis
- Follow-up

Conference objectives

- Introduction to ProMenPol
- Introduction to the 3 settings of interest & relevant EU-activities
- Interactive workshops
 - Database
 - Field trials
 - Framework
- Encourage future collaboration



Participants

- 56 participants
- Various backgrounds
- Countries:
 - Ireland
 - U.K
 - Netherlands
 - Germany
 - Greece
 - Slovenia
 - Estonia
 - Poland
 - Austria
 - Switzerland
 - Finland ...

Participants: Professional background

- Practitioners

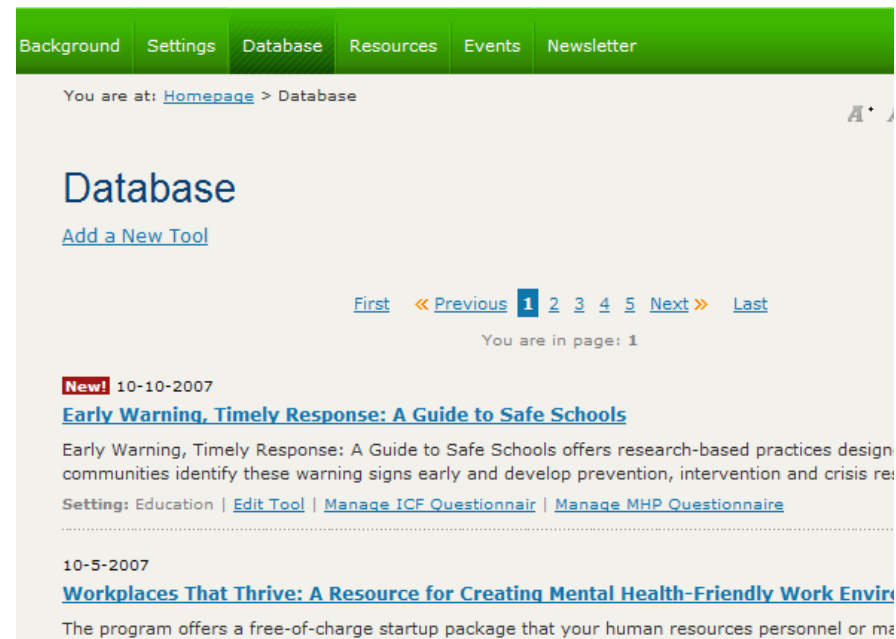
- Teaching
- Civil service
- Policy consultancy
- Workplace health promotion
- Healthy ageing
- MH voluntary organizations
- Social psychiatry and program coordinators

- Research

- Psychology
- Sociology
- Psychiatry

Feedback: Database

- Access to high quality tools in a single source 😊
- Collaboration 😊
- Interest also in “How-to-tools”
- Future of the database after end of the project ?



The screenshot shows the 'Database' page of the ProMenPol website. The navigation bar at the top includes 'Background', 'Settings', 'Database', 'Resources', 'Events', and 'Newsletter'. Below the navigation bar, the breadcrumb trail reads 'You are at: [Homepage](#) > Database'. The main heading is 'Database', followed by a link 'Add a New Tool'. A pagination control shows 'First', '<< Previous', '1' (highlighted), '2', '3', '4', '5', 'Next >>', and 'Last'. Below the pagination, it says 'You are in page: 1'. The first entry is dated '10-10-2007' and is marked as 'New!'. The title is 'Early Warning, Timely Response: A Guide to Safe Schools'. The description states: 'Early Warning, Timely Response: A Guide to Safe Schools offers research-based practices design communities identify these warning signs early and develop prevention, intervention and crisis re'. Below the description are links for 'Setting: Education', 'Edit Tool', 'Manage ICF Questionnaire', and 'Manage MHP Questionnaire'. The second entry is dated '10-5-2007' and has the title 'Workplaces That Thrive: A Resource for Creating Mental Health-Friendly Work Envir'. The description starts with 'The program offers a free-of-charge startup package that your human resources personnel or ma'.

Feedback: Field trials

- Challenges: no resources
- Benefits: mutual support (e-forums), expected outcomes, promotion of own tools
- Discussion about scope and aims of the field trials: →different types
- Interest in carrying out field trials: Ca. 15 volunteers 😊

Feedback: Framework

- Very useful structure for complex and very large field 😊
- Suggestions to ensure consistency and inclusivity

ICF Core Set	
Codes	Activities and Participation Core Set
D160, D163, D166, D170, D172	Applying Knowledge – Focusing Attention, Thinking
D175, D177	Solving problems and making decisions
D230	Carrying out Daily Routine
✓ D240	Handling Stress and other Psychological Demands
D310, D315, D325, D330, D335	Communicating
✓ D710, D720	Basic and Complex Interpersonal Interactions
✓ D730, D740, D750, D770	Relationships – with Strangers, Formal, Informal
D760	Family Relationships
D910	Community Life
D920	Recreation and Leisure
D930	Religion and Spirituality
D940	Human Rights
D198, D298, D329, D349, D729, D798, D859, D898, D998	OTHER

MHP Details

Feedback: 5 most common MH issues

Education

- Specific groups (migrants, low economic status)
- Positive aspects (resilience)
- Prevention of psychosocial problems in children
- Sensitization of communities
- Cost-benefit & outcome measurement

Workplace

- Stress, Conflict
- Relationships (Bullying)
- Anxiety
- Depression
- Resilience, Self esteem
- Disclosure

Elderly

- Quality of life and wellbeing as overall aim
- Interdependence (autonomy, choice)
- Awareness, information, advice
- Physical environment (architecture)
- Formal & informal relationships

Feedback: 5 biggest challenges

- No resources
- Resistance
- Dissemination of positive MHP issues
- Showing consequences of doing nothing
- Access to quality services
- Development of common language between partners
- Evaluation

Synthesis

- In total very positive feedback regarding:
 - Database, framework and the possibility of field trials 😊
 - Interactive conference design 😊
- Strong commitment to Mental Health Promotion
- Difficulties of implementation
- Interested to stay in contact

Follow-up

- Conference report
- Positive feedback of people that were unable to come
- Registration for newsletter



ProMenPol Contact Details

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