

# The ProMenPol Approach to Improving Policy and Practice

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# Background

- Rising rates of mental health problems
- Projections of further rises
- Need to adopt a mental health promotion approach
- Need for assessment and rationalisation of available tools
- Need to close gaps between research, practice and policy development/assessment

# The Promenpol approach

- Generate a typology of MHP approaches
- Assessment of available MHP tools and methods
- Generation of targeted toolkits
- Recruitment of interested stakeholders
- Implementation of toolkits
- Policy/practice workshops and conferences

## Project aims and structure

- Scope literature and current practice on mental health promotion and protection across each of the three life stages and contexts.
- Produce a systematic and easily navigated knowledge management system populated with information, key references and web links.
- Produce three mental health toolkits customised to the life span stage and context of target users

## Project aims and structure

- Organise a series of pilot implementation projects to evaluate and review the knowledge base and toolkits.
- Produce a set of multi-sectoral policy principles to promote and support proactive and targeted mental health initiatives in each context.
- Create sustainable collaboration between the key actors in the project to carry forward the results into the later stages of the project and beyond.

# THE POLICY CYCLE

## GOVERNMENTAL / SOCIAL ARENA

### SYSTEM LEVEL POLICY

- Public Health
- Quality of Work/Life
- Employment
- Economic
- Equality
- Occupational H&S
- Demography

### THE SETTING - WORKPLACE

#### Setting level policy - workplace

- sickness absence
- accidents & occupational ill health
- health inequity
- social inclusion
- work organisation
- health promotion
- intrinsic job quality
- disability management
- ethos

#### Activities

- services
- structures
- processes
- people
- resources
- ...

INDICATORS

#### Output

- measuring activities
- measuring results of activities

INDICATORS

#### Outcome

- health
- costs
- job satisfaction
- productivity
- retirement
- workability
- ...

INDICATORS

### PUBLIC HEALTH

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## PUBLIC HEALTH

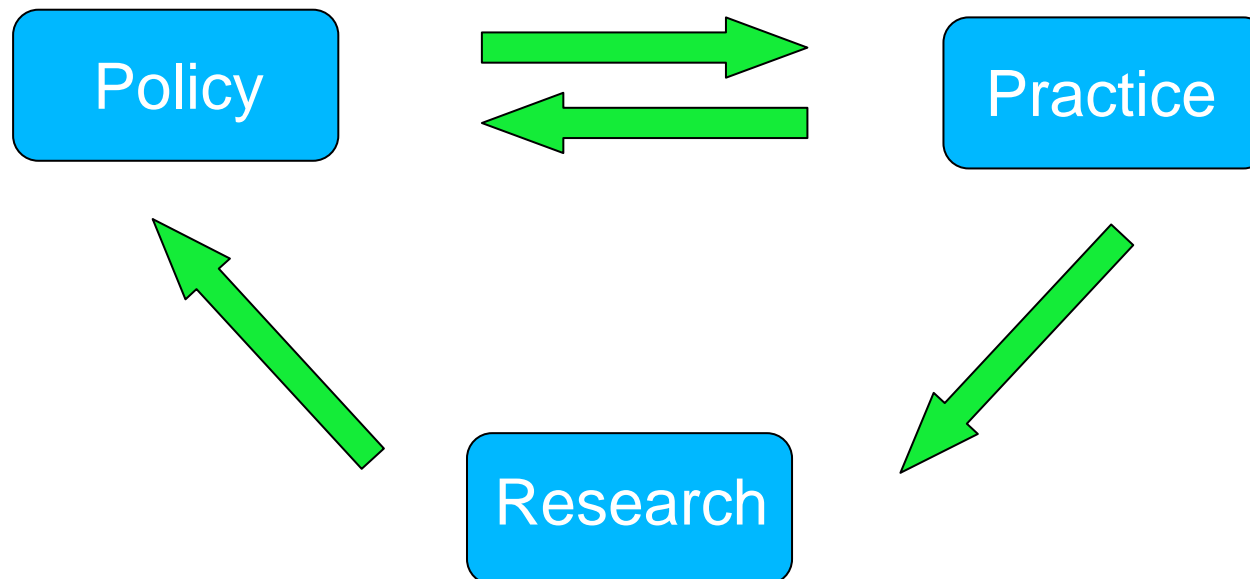
**Feedback to policy**

INDICATORS

INDICATORS

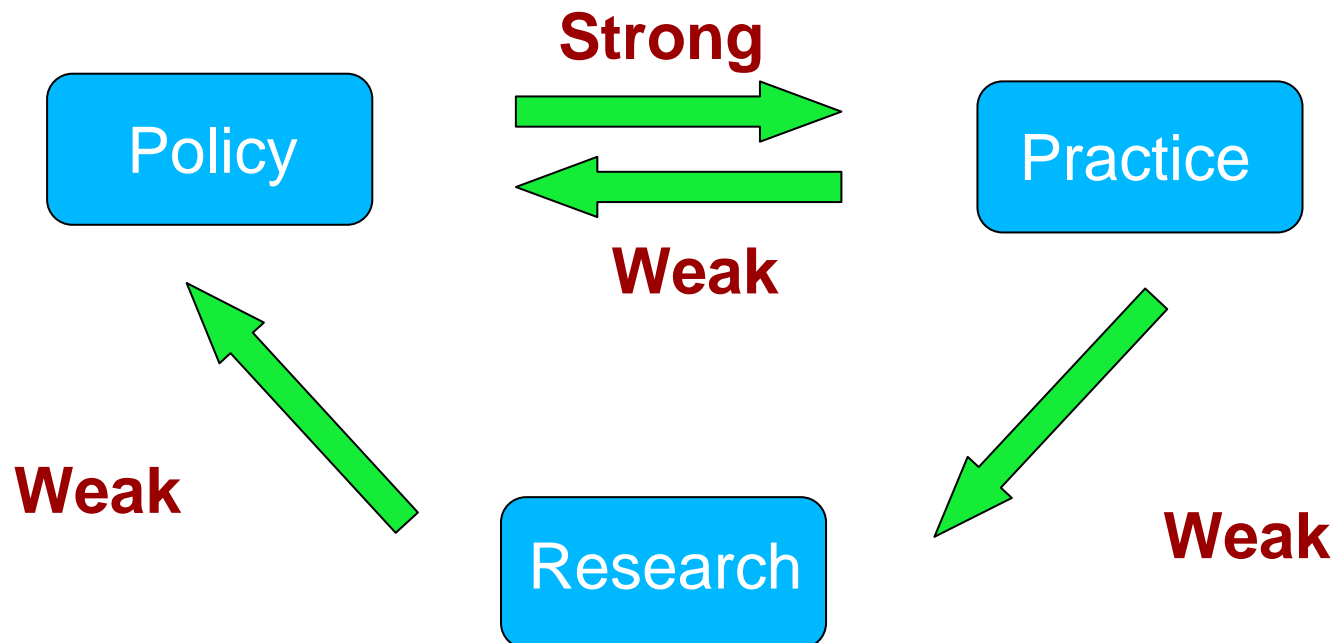
INDICATORS

# Traditional approach

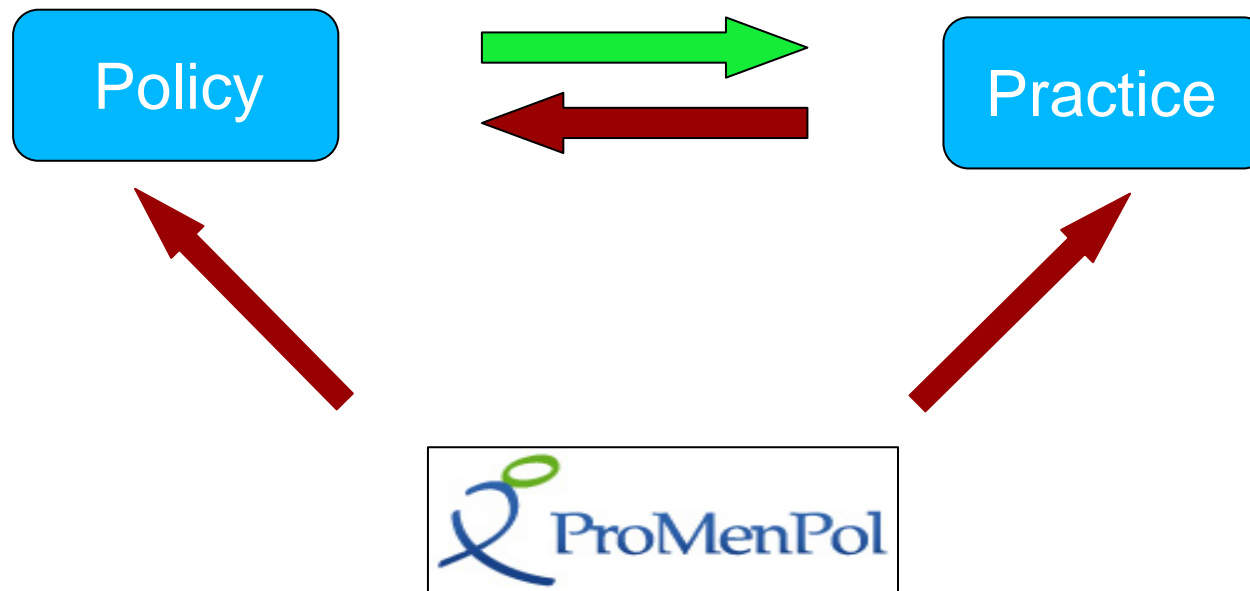


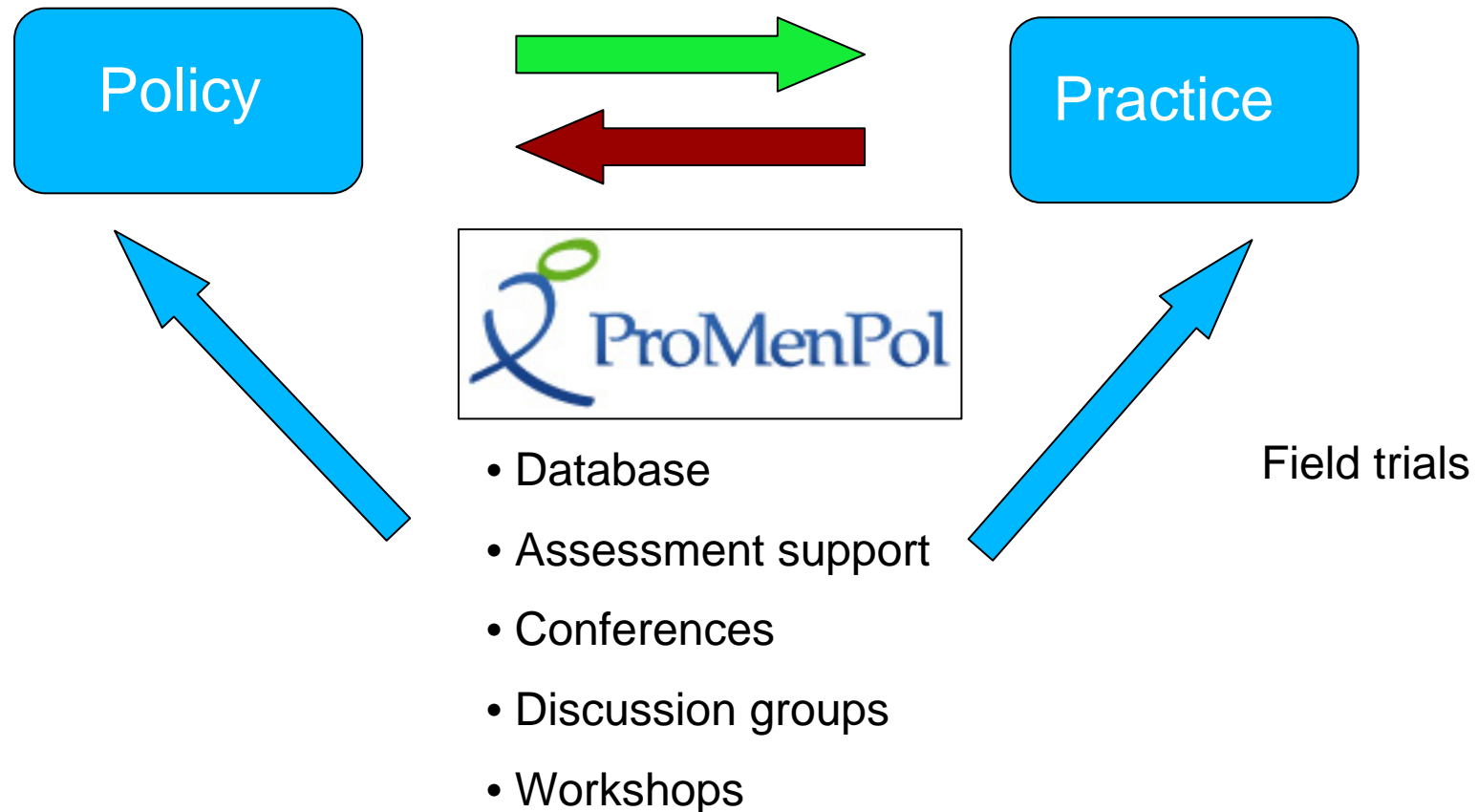


# Traditional approach – quality of relationship



# ProMenPol approach





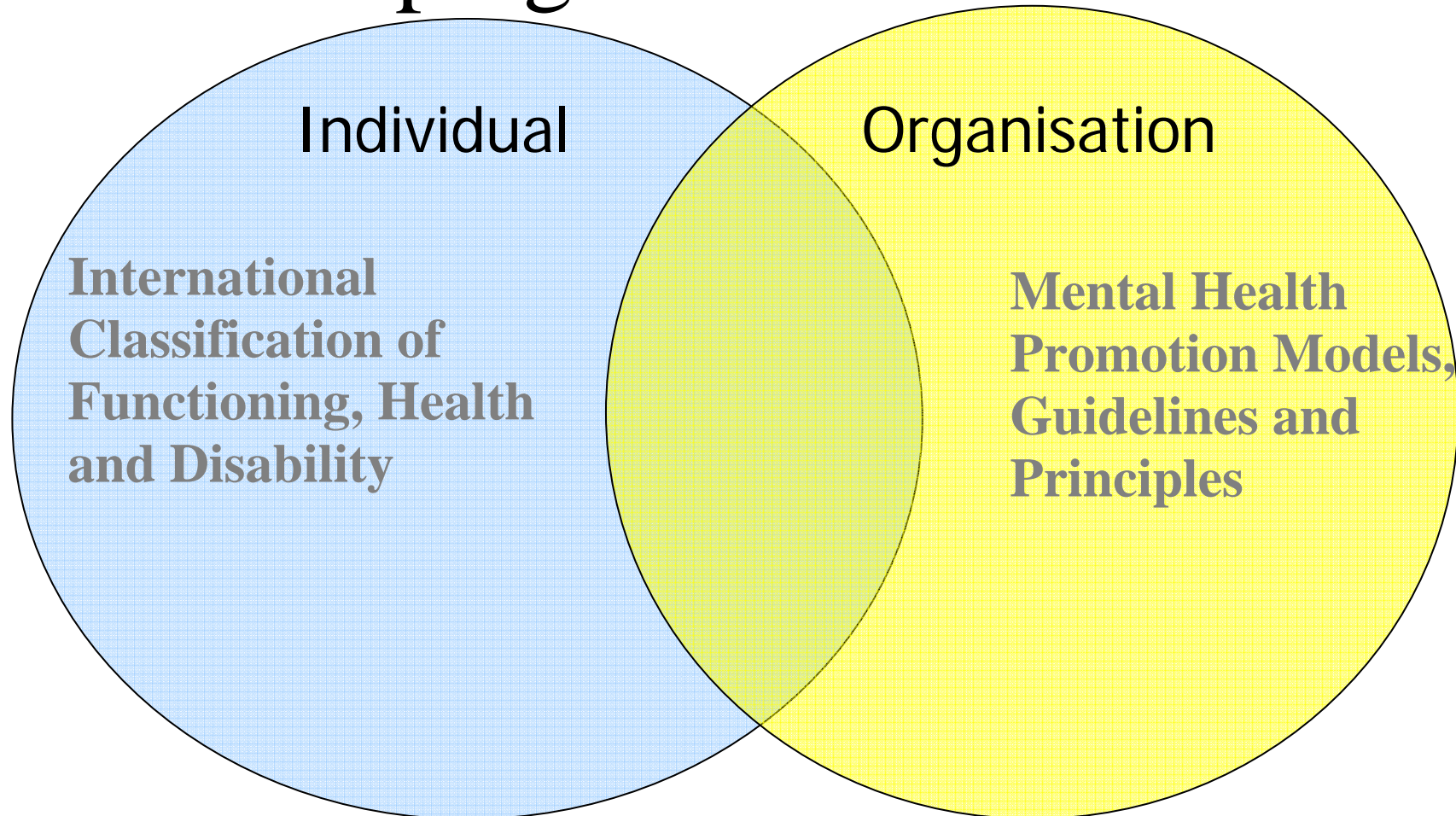
# The classification framework - The Challenge

- To create a framework within which all mental health promotion tools and instruments in three contexts may be described and classified
- To apply this framework to the vast number of approaches, methodologies, instruments, tools, modules and supports that are out there
- To file all these in a database so that they can be retrieved by those in the field in a timely manner.

# The Building Blocks

- A coherent and systematic framework for the classification of mental health elements
- A user friendly search engine
- A wide range of robust and evaluated resources and tools
- Targeted at the practical needs of professionals/users
- Customised to specific contexts

# Developing a Framework



# ICF Derived Framework

- **Functioning**
- **Activities and Participation**
- **Environment**
- **Health Condition (ICD 10)**

# MH Promotion Derived

## Framework

- Policy & Processes
  - Policy
  - Enablers
  - Processes/Implementation
  - Performance/Outcomes
- Context
  - Infrastructure
  - Social Networks
  - External Environment
- Programmes
  - Generic
  - Targeted
  - At risk individuals



# Next steps

- Finalisation of Database version 1 structure
- Implementation of the database
- Ongoing population of the database
- Enrolment of field trial sites
- ProMenPol conference 2
- Field trial implementation
- Involvement and importance of policy makers at national and international level

# Workshop

- What are policy maker needs for information in relation to:
  - Policy making for mental health, policies that influence mental health
  - Assessment/evaluation of policy
- How can ProMenPol be involved in coming policy initiatives?