

**Promoting and protecting mental Health.  
Supporting policy through integration of  
research, current approaches and practice**

## **Policy Workshop in Brussels**

*Promotion of Mental Health –  
Improving practice and policy*

**Karl Kuhn, Federal Institute for Occupational  
Safety and Health in Dortmund**



**ProMenPol =**

**Promoting and Protecting Mental Health**

Supporting **P**olicy through Integration of Research,  
Current Approaches and Practices



# Project Coordinator & Partners



EESTI - ROOTSI VAIMSE TERVISE JA SUITSIDOLOGIA INSTITUUT (ERSI)  
ESTONIAN - SWEDISH MENTAL HEALTH AND SUICIDOLOGY INSTITUTE (ERSI)



knowledge for welfare and health



Universiteit Maastricht

RehabGroup

Investing in People, Changing Perspectives

WORX

baua:



wrc

WORK RESEARCH CENTRE



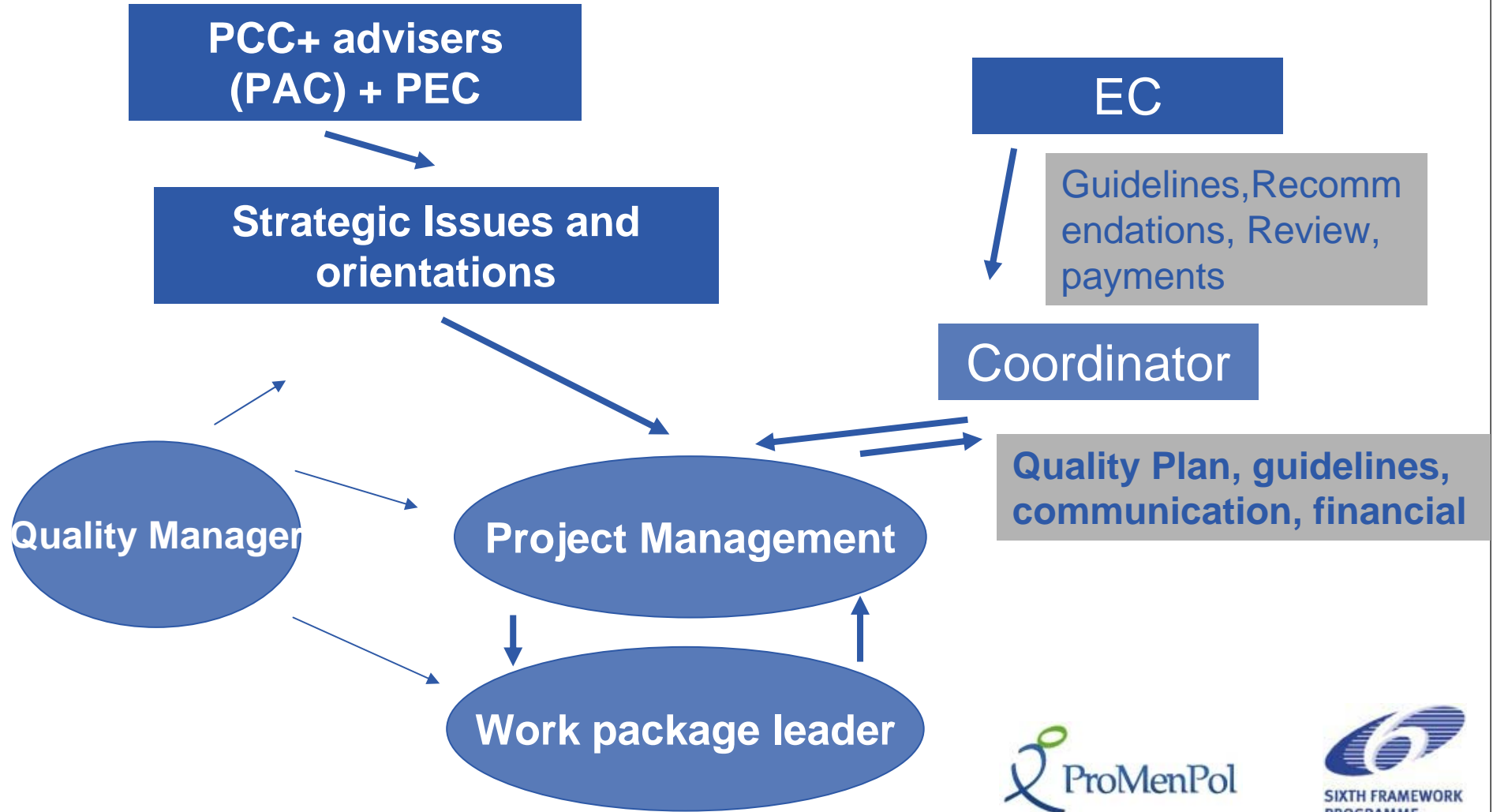
WIENER ROTES KREUZ

FORSCHUNGSINSTITUT



SIXTH FRAMEWORK  
PROGRAMME

# Management Structure



## Where to go!

- Ultimately ProMenPol will provide an overarching **multi-sectoral policy (conceptual) framework** which can be used by European policy makers such as EC to implement its mental health strategy throughout Europe
- The framework
  - will be **used to map and repackage** existing research and practice within the field
  - will customise and adapt existing tools
  - Bring together mainstreams and networks...piloting of toolkits



# Background

Burden of mental ill-health to individuals, families, societies & social systems

Chances of positive mental health promotion

MH as a key issue in the political arena:

- WHO ministerial conference 2005
- European commission green paper 2005
- Development of a “mental health strategy” for the EU



# Challenges

- Effective political action remains rather low
- Rich diversity of responses at societal, organizational and individual level to the topic → stands in the way of effective planning & implementation of activities
- Missing link between practitioners, researchers, stakeholders and policy makers



# Vision of ProMenPol

Promotion and protection of mental health and wellbeing by:

- Creating an easy to use knowledge management system
- Strengthening the links between research, policies and practices
- Improving particular environments that shape us throughout the lifespan





# Mission: Fields of Actions

- Identify useful tools (schools, workplace, older people)
- Develop a framework for classification
- Create an online database
- Organize a series of field trials
- Evaluate those to improve database (toolkits for each setting)
- Produce a set of policy principles
- Create sustainable collaboration between key actors



# ProMenPol Target Audience

- Practitioners
- Researchers & Scientific Community
- European and National Policy Makers
- NGOs representing mental health, public health, schools and older persons issues and the social partners.
- European Mental Health Networks
- Related Projects

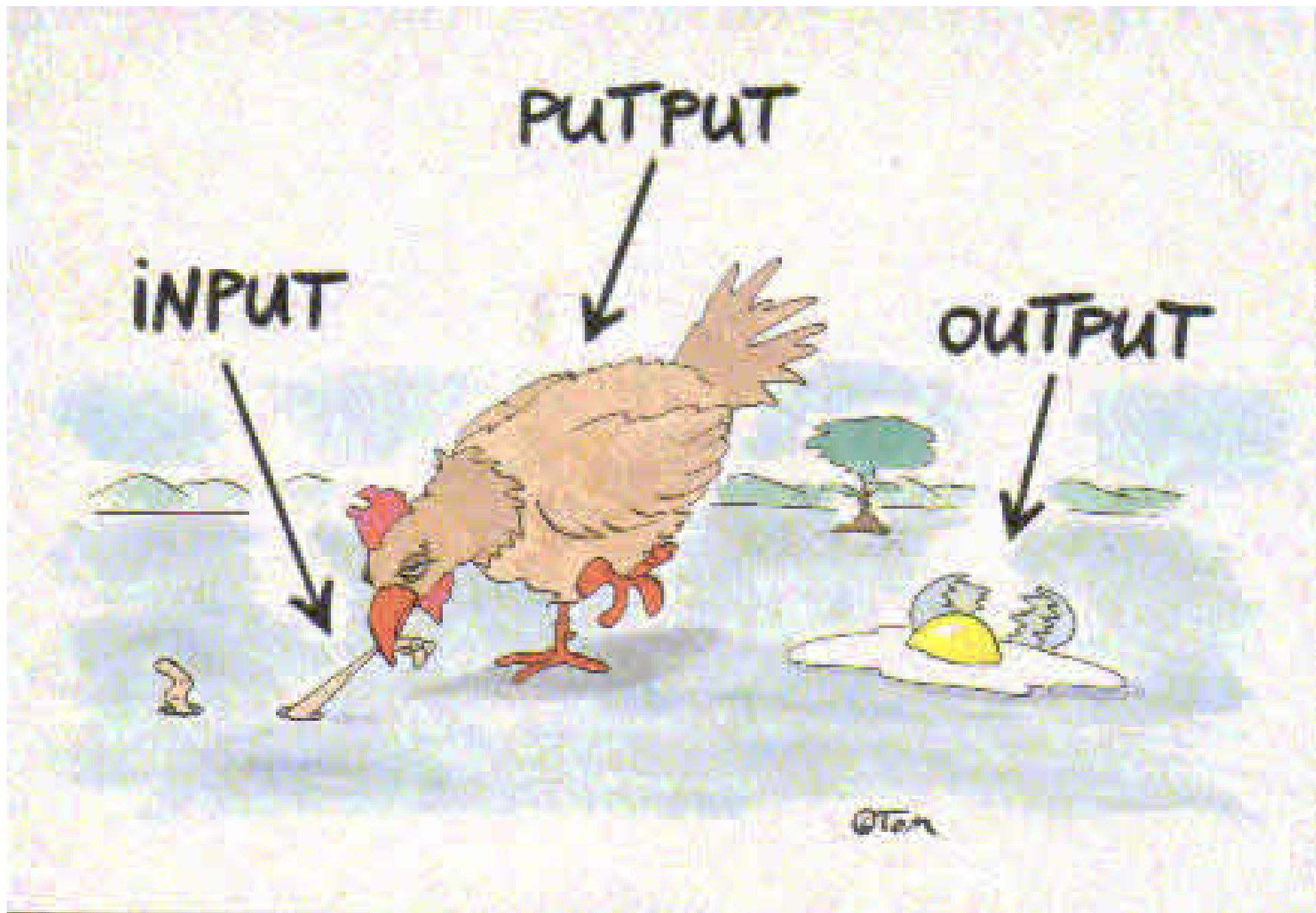


# Action plan 2007-2009

Three annual **conferences** to obtain feedback by potential users with respect to framework & toolkits and to exchange models of best practices

Three annual **policy workshops** to feedback conference results to policy makers





# ProMenPol Contact Details

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