

DID YOU KNOW?

- One American dies by suicide every 17 minutes.
- Over 90% of all people who die by suicide are suffering from a major psychiatric illness.
- Suicide is the 11th leading cause of death in the United States.
- Suicide is the third leading cause of death among young people 15 to 24 years of age.
- Suicide rates remain highest among Americans 65 and older.

SUICIDE
IS THE MOST PREVENTABLE
CAUSE OF DEATH.



"SAVING LIVES THROUGH EXCELLENCE IN EDUCATION"

EWU School of Social Work and the QPR Institute offer Suicide Triage and Risk Assessment Training in two convenient, self-paced university online learning courses for university credit, non-credit, or continuing education units (CEUs). The National Strategy for Suicide Prevention published by the U.S. Surgeon General calls for education and training in the recognition, assessment and management of suicidal persons for a broad range of professionals.



Continuing Education
Eastern Washington University
300 Senior Hall
Cheney, WA 99004-2442

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University

QPR[®]

SUICIDE TRIAGE & GATEKEEPER TRAINING



QUESTION
PERSUADE
REFER

www.ewu.edu/qpr

QPR
Institute™
 EASTERN
WASHINGTON UNIVERSITY

TRAINING OPTION 1

QPR GATEKEEPER ONLINE

For anyone with the desire to help someone.
Register online at www.ewu.edu/qpr for Gatekeeper.

WHO SHOULD REGISTER?

QPR is an emergency response to someone in crisis and can save lives. QPR is the most widely taught gatekeeper training program in the United States. More than 250,000 adults have been trained in more than 40 states.

QPR Gatekeeper Training is delivered in a clear, concise format using the latest in educational technology and takes approximately one hour to complete.

QPR Gatekeeper Training uses Web-based technology, compelling graphics, streamed video and interactive learning dynamics. A high-speed Internet connection is required.

THE TRAINING COVERS:

- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis
- How to Question, Persuade and Refer someone who may be suicidal

A program completion certificate and QPR Resource materials are provided to participants upon completion of the training.

QPR Gatekeeper Training is fully supported by 1-800-SUICIDE.

NON-CREDIT RATE: \$29.95 EACH

STUDENT RATE: \$19.95 EACH

TRAINING OPTION 2

QPR SUICIDE TRIAGE

For "first responders" and professionals who assess and refer potentially suicidal persons.

WHO SHOULD REGISTER?

All "first responders" and professionals, including:

- Crisis line workers and law enforcement officials
- Educators, school counselors and teachers
- Firefighters and EMTs
- Clergy and hospice workers
- Case managers and correctional personnel
- Physical and occupational therapists
- Residential staff and other professionals who respond to people at risk for suicide

THE COURSE COVERS:

- Size and scope of the problem
- Risk factors for suicide
- Relationship of mental illness to suicide
- The current status of suicide risk assessment
- How to determine immediate risk for suicide
- How to document a basic suicide risk assessment
- How to Question suicidal people and why
- How to Persuade them to accept help
- How to Refer them to resources

COURSE FEES

The tuition for QPR Suicide Triage is \$229.00 per 1 university credit, or \$159.00 for CEU or non-credit. Course materials are included and will be sent to each participant. This online course comes with a CD-ROM (VHS tape available upon request, call 1-888-726-7926).

3 WAYS TO REGISTER

DOWNLOAD the Registration Form at:
www.ewu.edu/qpr

- 1) FAX: registration form to (509) 359-2220
- 2) MAIL TO:
Office of Continuing Education
300 Senior Hall
Cheney, WA 99004-2442
- 3) CALL: (509) 359-7380 or 1-800-331-9959

EMAIL: suicideprevention@mail.ewu.edu

TAX CREDIT FOR COURSE FEES

Taxpayers may be eligible to claim a tax credit on EWU courses. Please refer to the IRS Publication 3064, "Notice 97-60, Education Tax Incentive," for detailed information. For purposes of the Lifetime Learning tax credit, federal law (Section 6109 of the Internal Revenue Code) requires the university to obtain your Social Security number.

UNIVERSITY CREDIT

- Undergraduate university credit is available for Training Option Two participants.
- The decision to accept transfer credits lies with the student's home institution. Please contact your home institution regarding credit transfer criteria.