

ProMenPol

The Role of Field Trials in ProMenPol

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Promoting and Protecting **M**ental Health

Supporting **P**olicy through Integration of Research, Current
Approaches and Practices

Presentation overview

- Overall and specific **objectives**
- Localisation of **piloting phase** in ProMenPol
- **Objectives** of the **field trials**
- **Tasks** and **Deliverables**
- **Evaluation** principles and the field trials
- **Expected Benefits**

Background (1)

- Rising rates of **mental health problems & projections of further rises**
- Increase of **associated costs**
- Ongoing **stigmatising & discrimination**
- Need to **adopt a mental health promotion approach**
- **BUT: Weak link between policy, practice and science**

Slide 3

RW1

emphasise the last point

Richard Wynne, 03/10/2007

Background (2)

- Due to the **complexity of existing tools and instruments** in the field of (mental) health (promotion)
- Need for **assessment and rationalisation of available tools**
- Need to **close gaps** b/w **research, practice** and **policy** development/assessment
- To be able to use the **potentials of positive mental health**

Field Trials/Piloting: Objectives

(1)

- To **support the practices and policies** with mental health promotion in three settings (i.e. schools, workplace, residences for older people)
- To **implement mental health promotion & protection (MHP)**
- To **close the science-policy-gap** by
 - using of tools/toolkit from the database
 - recruiting of interested stakeholders

Field Trials/Piloting: Objectives

(2)

- To **document ongoing good practice** in the three settings by
 - the evaluation of field trials
 - the ProMenPol conference
- To **produce a toolkit of mental health promotion tools**
 - based on the results of the field trials evaluation

Work Packages in ProMenPol

WP1: Project management

WP2: Dissemination of results

WP3: Project evaluation

WP4: Framework development, information collection & analysis

WP5: Annual mental health conference

WP6: Piloting of mental health protection and promotion tools

Tasks in Piloting Phase

- To **find** pilot sites for conducting field trials
- To **identify** mental health promotion tools of interest for them by the use of the online DB
- To **implement** them in practice
- To **support** pilot sites
- To **evaluate** the implementation
- To **produce a toolkit** for the mental health promotion which have been demonstrated to be effective

Field Trials & MHP Tools

- Different **types of field trials**
 - three different settings
 - various countries
 - new and existing field trials
- **Tools identification** will be identified according to the needs
- According to the type, field trials will have slightly **different support structures** provided to them by the project

Evaluation principles

- Evaluation is the basis **to show which measures are effective and successful** to reach their aims
- Evaluation includes **description, analysis** and **assessment** (i.e. of MHP tools)
- Evaluation is covering the
 - **structure** (context, conditions & planning)
 - **process** (implementation)
 - **outputs** (results)

Aims of the Pilot Evaluation

- To review the **practicality and usefulness** of the toolkits
- To use **structured and comparable feedback** from the pilot sites
- To **review and revise the instruments** based on the feedbacks

Outline of Evaluation

- Development of an overall **evaluation concept**
- Production of **evaluation standards** for each of the pilots
- Collection of **evaluation data**
- **Analysing** them and **reporting**
- **Amending and improving** the toolset

Evaluation Concept

- Development of an overall **evaluation concept based on evaluation standards**
- The concept must be flexible concerning the
 - adopted **tools** (i.e. protect or promote mental health)
 - **pilot sites** (i.e. schools, workplaces, residences for older people)
 - targeted **groups** (i.e. pupils, employees, older people)
- But must guarantee **reliable and valid results** across all tools, pilots and target groups

Evaluation Standards & Data Collection

- To develop
 - **project implementation standards**
(e.g. field trial protocol)
 - **evaluation instruments**
(e.g. structure – process – outputs)
- To **provide the protocols and instruments** to pilot site partners
- To **support** the pilot sites with the **evaluation process**

Analysing & Amending

- **Collection of all evaluation data** by the pilot sites, supported by ProMenPol
(note: importance of data protection & anonymity)
- **Analysis of the gathered data**
 - of different pilot sites, settings & countries across Europe
 - with help of ProMenPol partners according to country, setting, expertise & experience
- **Report** on evaluation results
- **Amending and improving** the toolset

Outputs & Deliverables

- There are **2 main deliverables** in this phase
- **WP6: Piloting Phase/Field Trial evaluation**
 - D6.1: Pilot study protocols
 - D6.2: Report on the evaluation of the pilot studies

Field Trial: Expected Benefits (1)

Participating in the field trials provides the unique opportunity to

- **test a toolset** based on research findings for the protection and promotion of mental health
- **promote the mental health** of your clients
- use of our support **free of charge**

Field Trial: Expected Benefits (2)

- **Obtain support and feedback** from experts in the field and from other pilot sites
- An **evaluated toolkit** of mental health promotion tools that have been demonstrated to be effective